

Connections Newsletter

June 2018

BOARD OF DIRECTORS REPORT:

A reminder that the next Members Meeting is Thursday, June 14th, 2018 at 7:00 pm at Grace Lutheran Church Hall; registration and coffee begins at 6:30 pm. We look forward to seeing as many of you there as can make it. If you require a caregiver in order to attend the meeting, you may submit your bill to the General Manager, Roberta, to be reimbursed. Please remember as a member, it is your duty to attend a minimum of one Members Meeting per year, and your privilege to attend all four of them! Our Finance committee, office staff, and maintenance staff, together with the Board of Directors work hard to make sure that we have a budget in place for the coming year and we wish to applaud them on a job well done. This is your chance to come out and hear all about the budget and have your voice heard. We hope to see you all there. And prizes, did I mention there are lots of prizes. ☺

Goldeye Conference (SACHA / NACHA)

The 30th Annual Goldeye Conference is being held at the Conference Centre in Nordegg, AB, September 21st to 23rd. The meeting at this rustic setting, which is also a cooperative, originated as a forum for bringing Alberta housing co-op representatives together and has come to be considered one of the premier cooperative housing events in Canada. Find out what SACHA, NACHA, and CHF Canada directors have been up to and get the latest updates from Rooftops Canada. We encourage members who are interested in attending to **submit a letter to the Board of Directors**, so that we may approve the funding.

Building Condition Assessment

Our Building Condition Assessment project is ongoing. We continue to work with the folks at IRC to come up with a plan to keep our structures in good repair for years to come. We are thoroughly researching each piece of the project to be sure we are taking the best possible action to sustain our buildings. We will keep you updated as we go.

Neighbour Day Saturday June 16th

It's hard to believe that it has been five years since the devastating floods that hit Calgary and surrounding areas. It was on that occasion that Mayor Nenshi proclaimed the third Saturday of June as Neighbour Day to celebrate the strength of our community and the resilience of our neighbourhoods. We encourage you to plan a fun activity to get to know your neighbours. If you are looking for something fun to do head over to the Rutland Park Community Association for their Neighbour Day / Aboriginal Awareness event on Saturday, June 16th from 11:00am to 2:00pm. There will be a BBQ and fun games and activities for all ages. This is a free event.

New Taskforces

We are still looking for members who are interested in joining a **Bylaw Review Task Force** and/or a **Grant and Funding Research Task Force**. If you would like more information or are interested in joining these task forces please contact Janine in the office for more information: email janine@sarceemeadows.coop or call 403-246-2746, Ext. 102



Happy Father's Day on June 17th and have a fun and safe time celebrating Canada Day on July 1st.



GENERAL MANAGER'S REPORT:

(It's Miller Time!)

Office/Shop

In June the committee and Board meetings start winding down for the summer, but things are still busy in B50. There have been a number of unit turnovers in the past couple of months and we are getting ready to repair the office roof. This will mean the administrative portion of the office will be setting up in a temporary location. Members will be notified of the location and the dates once we have them confirmed.

Work orders and summer work will continue as planned for the shop and the administrative office during this repair.

Budget

At the June Member's Meeting the budget for the 2018 – 2019 year will be presented for approval. I would like to thank all the committees, Members, Board of Directors and staff that have worked on this budget over the past few months. It is never easy and it couldn't be done without you.

Summer Activities

Warm weather has arrived and summer activities have started. It is lovely to see everyone outdoors and enjoying our grounds. Just a few reminders to help everyone enjoy outdoors at Sarcee Meadows:

- Please remember to pick up garbage, you may not have dropped it, the wind may have blown it in, let's all work together to take care of it.
- Be mindful of noise later in the evening. With the longer days it gets later before you know it, some people have young children or different schedules.
- Slow down in the parking lots, there is more activity in the parking lots because people are outdoors more. Driving a little more slowly may prevent a tragedy.
- Do not leave doors open, or windows without screens open. It may be more convenient for pets or kids running in and out, but it also provides an opportunity for pests to get into the unit.
- Keep an eye out for strangers on the grounds, we have had incidents of Members being taken advantage of by scams and theft.

General

Please take the time to water the trees around you. Although we had a lot of snow this winter it is still a dry year and reports are we are going to have a dry summer. We are working with the Arborist and Green Dream to help with this task but our trees need all the help they can get.

I hope you all have a great summer, wishing you all beautiful weather and memorable times with your loved ones. I look forward to seeing you all at the Stampede Breakfast as well as the Summer BBQ. The Entertainment & Social Events committee is working hard to plan some special things for our 50th year.

Thank you,

Roberta Miller

General Manager





FROM B50:

Thank you to everyone who was very cooperative during the recent application of herbicide. In the continuing care of our lawns Green Dream is planning to apply fertilizer on Wednesday June 13th, 2018. Following the application of the fertilizer the lawns will need lots of water! Please help out by watering wherever you can!

We are once again getting reports of members feeding the squirrels and other wildlife! While we do share our community with a variety of wildlife such as rabbits and squirrels, please DO NOT feed these animals! Aside from attracting squirrels, any food left out can also attract more mice and other pests, or it can attract coyotes and other predators. Please let nature be wild, and do not approach or feed wild animals. Secure garbage and pet food, and eliminate other potential food sources such as pet waste, that may attract wildlife. With recent reports of bobcats and coyotes in our community please these safety measures are more important than ever before! Please also be careful that your small pets are kept safe from these potential predators as well.



Just a reminder again, please DO NOT put recyclable bottles and cans in the garbage bins. We still have individuals going through the garbage bins for these items. Although our hearts may go out to individuals whose needs seem so great, it is not safe for either the individual or our community to encourage this behaviour. Please also be mindful of the impact on the rest of the community when you choose to leave your bottles and cans out for these individuals to pick up. We recently had a member whose bottles and cans were stolen from their backyard! The member had just

finished organizing them in preparation to take them to a bottle depot, but everything disappeared before they got the chance. It is all too easy for these individuals to make incorrect assumptions of what they can take when other members promote these actions. If you do not wish to return your bottles and cans to a depot for a refund yourself, you can add them to your regular recycling pick-up.

With the City of Calgary imposing changes to our recycling requirements we have an increased number of bins in the area outside the shop yard. We also have had a major increase in the truck traffic in and out of this area with more frequent pick-ups from Waste Management. These trucks are very large and can be very dangerous so we have chosen to barricade the area for everyone's safety. Please ensure that children stay out of this area, and if you are passing by please detour either through the park or past the front of B50.



Speaking of recycling, we are still having numerous issues with members not disposing of things in the correct places. We are constantly getting reports of food waste in the garbage bins, branches in the garbage bins (that were not put there by our arborist or landscaping contractors!), plastic bags or containers in the organics bins, cardboard boxes and metal cans in the garbage bins, Styrofoam or other non-recyclable materials left out for recycling pick-up, and the list goes on! Please read and follow the recycling information further in this newsletter. As was mentioned last month SMHC may start to face serious financial ramifications if we can't get everyone to recycle properly.

◆ Committee Reports ◆

CO-OP SENIORS INTERESTS COMMITTEE

We recently held our May meeting and a few items were discussed as it pertains to our Seniors living in Sarcee Meadows. The summer months will soon be here and with it comes a few activities that the Seniors might be interested in. One of course being the Stampede Breakfast during Stampede Week. We all like to yell a few "Yahoos" at this time of the summer, so be sure to plan to attend this activity. It will be fun to join our neighbours for some good 'Cowboy' breakfast food and conversation. The biggest event of course, will be the celebration of **Sarcee Meadows' 50th anniversary in August 2018**. Watch the Connections newsletter and check any flyers being delivered to your door for more information on these activities. The **Seniors Annual Summer Social** will be held in conjunction with the events that will take place during the **Celebration of the 50th Anniversary – a very important event for us all**. So be sure to watch for information on this upcoming event in August.

We want to wish our Seniors a safe and happy summer. Enjoy the summer activities with your family and friends or just relax in your home and yards amongst your summer gardens. Happy Summer everyone!

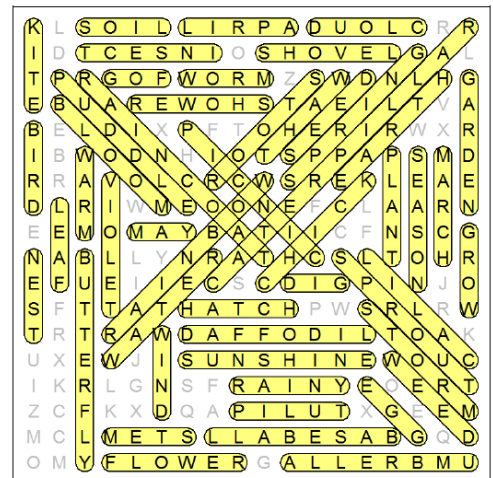


NEWSLETTER COMMITTEE:

What a fantastic response we had for our Spring Word Search contest! We have included the answer key here for anyone who might have been stumped. Three winners were chosen at random from all the entries. Congratulations to Abby Way, Jenn Minnema, and Helen Serrurier!

You may have noticed we have made a few small changes to the Connections Newsletter including a different font and new section headings. We welcome any feedback or opinions on our new look. We have also chosen to change the title of "Your Page" to "Human Interest". We felt that this opened up this section for a broader scope of stories from our members. It is still a place for you to share with your neighbours and your community. Sadly, we have no Human Interest submissions for this month but we look forward to more great articles from our members in the future.

Answer Key



The Newsletter Committee is actively compiling variety of materials, photos, and articles in celebration of the 50th Anniversary of our Co-op. We are still in the planning stages but it is our hope to be able to put out a Special Anniversary Issue of Connections. However it could also be a series of articles over several issues if the special issue is not possible. While you are purging your files and drawers, if you find old issues of Connections, information about past members, historical information, photos, historical contests, and other bits about the history of Sarcee Meadows the Newsletter Committee would love to have them!



Please drop off any submissions for the Connections Newsletter at the office or you may email them to janine@sarceemeadows.coop.

ENTERTAINMENT & SOCIAL EVENTS COMMITTEE:

Thank you to everyone who set up a table for the Lawn Sale, we hope you were able to sell lots of stuff! We had 19 entrants all together so we are happy to say that the Lawn Sale was a great success; and we couldn't have asked for better weather!



We are now looking forward to our Stampede Breakfast which will be held on Saturday July 14th, 2018, from 9:00 am to 11:00 am. Come on down to B50 for pancakes and sausages, boot stompin' music, and an opportunity to visit with your neighbours and friends! Watch your mailboxes for a flyer in the coming weeks.

Planning is still ongoing for our 50th Anniversary Celebration and Summer BBQ. We have tentatively set the date for Saturday August 18th, 2018. More details to come once they are finalized and approved!

Thank you to everyone who has provided ideas and suggestions so far! Be assured we are looking into all of these fantastic ideas and possibilities. Please continue to provide your feedback by contacting the office, emailing janine@sarceemeadows.coop, or by visiting our committee meetings.

We are always looking for general event volunteers, and we will need them this year more than ever! We welcome help with members and residents of all ages. Hey kids! Do you need to do volunteer hours for school or leadership programs? We happily encourage youth volunteers for any of our events (other than the Adult Social) and we will gladly sign your forms to prove you volunteered. Please contact Janine at the office if anyone in your household is willing to lend a hand at any of these events.



◆Community News◆

WOMEN'S CIRCLE

Alberta Government Great Kids Awards 2018

Last fall members of the Women's Circle had the opportunity to meet with the Alberta Minister of Education David Eggen. At the end of our discussion Minister Eggen mentioned a program he was promoting called the Great Kids Awards.

What is the Great Kids Award? In 1999, the Great Kids Award was launched to recognize children and youth who positively impacted their communities. This year, the Great Kids Award highlights kids for inspiring and changing the lives of others, and helping to build stronger communities. These great kids have also done so while overcoming a wide variety of difficult life challenges, including managing a physical or mental illness, overcoming a difficult living situation and standing up against bullying. I am so happy and proud to announce that one of our Women's Circle members' sons was nominated by his grandmother for this award.

Congratulations to Jevon Putman for being one of the winners - there were 16 total winners out of a field of 70 nominations. Here is what was written about him – Jevon (age 12) has faced many challenges due to epilepsy. Simply meeting each day with a positive attitude was difficult, but Jevon has moved through life with a smile on his face and joy in his heart. He has been a selfless young man who has always had the best interests of others in mind. He has volunteered for his community, school, and neighbours to make his community a better place. He leaves every person he meets a little happier than he found them, making him a great candidate for this award.

As a winner of the award, Jevon and his family and grandparents were treated to a one night stay and breakfast at the Fantasyland Hotel in Edmonton, passes to West Edmonton Mall attractions, and a wonderful awards banquet dinner, including prime rib and a candy buffet! Jevon also received a trophy from Children's Services recognizing his achievements, and an iPad from IBM. He met the Minister of Children's Services, Danielle Larivee; and the MLA for our constituency, Greg Clark, also wants to recognize Jevon for his achievements, and they have an ice cream date planned for later this month.

Kudos to Heather and Dean Putman for raising such an outstanding boy. Jevon is an inspiration and a role model to us all at SMHC. His eagerness to help build community by volunteering and reaching out to help others is a wonderful attribute.

We have many kids in Sarcee Meadows that are so deserving of this award. I hope you will check out this website and when the time comes I encourage you to also submit an application. I am confident we have a 2019 Great Kids Award winner in our midst.

<http://www.humanservices.alberta.ca/department/great-kids-award.html>



RUTLAND PARK COMMUNITY ASSOCIATION (RPCA):

Mark your calendars for Saturday June 16th, 2018 as this is Neighbour Day! The RPCA will be holding a Neighbour Day/Aboriginal Awareness week event with storytelling, a BBQ and snacks, and other small kid friendly events. All ages welcome! The event runs from 11:00am to 2:00pm.



Every year when the weather turns warmer, and more children come out to play, we have troubles with kids/teens climbing onto the roof the Community Hall. This is not okay! Not only are these kids putting their lives in danger, they are also causing serious damage to the property. The air conditioner unit on the roof of the building has been damaged to the point of requiring a costly replacement. This damage is clearly intentional and is being considered an act of vandalism. It is important that any further sightings of these kids hanging out on the roof be reported to our Calgary Police Community Liaison Office, Constable Rich Wall. He may be reached via email at r.wall@calgarypolice.ca.

Aboriginal Awareness Week



What is Aboriginal Awareness Week?

In the early 1990's Indigenous agencies serving the aboriginal community in Calgary began organizing events and celebrations during the week leading up to National Aboriginal Day. The events are held annually on June 21st.

The summer solstice is culturally significant day for many aboriginal peoples now acknowledged by the celebrations held in major cities across Canada.

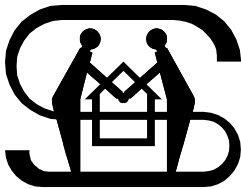
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| Saturday June 16 | When: Sat, June 16, 10am – 4pm Where: Wild Rose United Church, 1317 1 St NW, Calgary, AB T2M 2S5, Canada Description: Making It Right ~ Relations Art Festival is a bridge-building event between indigenous and non-indigenous communities. |
| Monday June 18 | Opening Ceremonies When: June 18, 2018 Where: Olympic Plaza, 228 8 th Avenue SE Open and free to all |
| | Chapters and Chat When: Mon, June 18, 6:30pm – 8:30pm Where: Forest Lawn Library, 4807 8 Ave SE, Calgary, AB T2A 4M1 Description: Welcome to Treaty 7 in Calgary, Alberta, Canada! Chapters & Chat Book Club Meeting #26 |
| Tuesday June 19 | Awo Taan Healing Lodge Society- Family Wellness Centre Open House When: Tue, June 19, 12pm – 3pm Where: 4518 17th ave SE Description: Awo Taan Healing Lodge Society is celebrating Aboriginal Awareness Week! Stop by the centre to learn about the Programs and Services offered. There will be Arts & Crafts, storytelling for all. Indian Taco's and beverages will be served. |
| | Medicine Wheel Warriors When: Tue, June 19, 5:30pm – 8:00pm Where: Eau Claire Market, 200 Barclay Parade SW #202, Calgary, AB T2P 4R5 Description: Unveiling event of the 3D action figures created by 60 Indigenous |

| | |
|----------------------|---|
| | children and youth showcasing how they will make positive change in their communities. |
| | <p>Eagle Spirit Survivors Community Feast When: Tue, June 19, 6:30pm – 8:30pm Where: Community Wise Resource Centre, 223-12 Ave SW Description: Free event for families! Everyone welcome!</p> |
| Wednesday June 20 | <p>Knowledge Scavenger Hunt When: Wed, June 20, 11am – 2pm Where: 1213 4ST SW Sheldon Chumir Health Centre Description: Elbow River Healing Lodge is holding a knowledge Scavenger Hunt at Sheldon Chumir Health Centre 1213 4ST SW. Cascade through the different floors and learn about programs, resources, and indigenous leanings! With Prizes, Swag, and a Larger Prize for completing each station!</p> |
| Thursday June 21 | <p>Campfire Chats When: Thu, June 21, 8:30am – 9:30pm Where: ENMAX Park - Calgary Stampede Description: The third annual Campfire Chats will take place on June 21, 2018, National Indigenous Peoples Day, in partnership with the Calgary Stampede and the UCalgary Indigenous Strategy team; featuring a strong internal partnership with the Native Centre. Daytime activities include painting of both UCalgary tipis, drumming and dancing. Upon completion of the painting both tipis will be raised for guests to experience as well as to be used as reference during the evening ‘campfire chat’.</p> |
| | <p>Pow Wow Dancing in the Park When: Thu, June 21, 12pm – 1pm Where: Central Memorial Park, 1221 2 St SW, Calgary, AB T2R 0W5 Description: See beautiful Dancers, and listen to incredible songs as traditional Pow Wow Dancer's perform in Central Memorial Park - Calgary</p> |
| | <p>National Aboriginal Day Lecture with speaker WO Quinn When: Thu, June 21, 7pm – 9pm Where: The Military Museums Calgary, 4520 Crowchild Trail SW, Calgary AB, T2T 1G6 Description: National Aboriginal Day is a day we recognize and celebrate the cultures and contributions of the First Nations, Inuit, and Metis Indigenous people in Canada. The Military Museums is proud to present our speaker, Warrant Officer (WO) Quinn on June 21st at 7 pm, to celebrate the unique heritage and outstanding achievements of our nation’s aboriginal people.</p> |
| | <p>Keeping the Voices Alive: Stories from the Elders of Treaty 7 When: Thu, June 21, 7:00pm – 8:30pm Where: Glenbow Museum (theatre) Description: An evening of storytelling by three Elders about the place we know as Calgary.</p> |
| Friday June 22 | <p>Buffalo Symposium 2.0 Aboriginal Youth Conference 2018 When: June 22, 2018 Where: Coast Plaza Hotel 33 St NE</p> |
| Saturday June 23 | <p>Family Day Festival & Powwow - “Keeping the Circle Strong through Truth and Reconciliation of Love, Learn and Live.” When: Sat, June 23, 9:30am – 9:00pm Where: Calgary Stampede Park, former Indian Village, South Entrance of Park Description: Family Day Festival & Powwow</p> |

◆Education◆

CO-OP EDUCATION:

With summer approaching the SMHC Board of Directors would like to remind all our members and residents that Fire Pits are banned on SMHC Property. This ban has been in place since July of 2016. An official Policy which further outlines the consequences of any violations to the Fire Pit Ban was approved by the Board of Directors in November of 2017. The Policy is included here:



SARCEE MEADOWS HOUSING CO-OPERATIVE LTD.

Operations Policy

SUBJECT: **Fire Pits**

ORIGINAL DATE OF APPROVAL: November 2017

APPROVED BY: Board of Directors

DATE OF AMENDMENT OR REPLACEMENT:

Fire pits were banned in Sarcee Meadows as of July 1, 2016.

Members are not be able to have a fire pit, no matter of the fuel source, on SMHC property.

Upon receipt of a first validated complaint a warning letter will be issued to all members involved.

A second validated complaint received will result in all the members involved being deemed Members Not in Good Standing for a period of one year.

A third validated complaint received will be cause for *Termination of Membership* for all members involved. [See bylaw 3.12 (a) and 3.12 (c).]

Members may appeal as per the Member Appeals to the Board Policy.



THINK GREEN.®

Are You Recycling Right?

The Do's and Don'ts of Recycling

The recycling industry is experiencing high levels of contamination – trash in the recycling – at a time when the requirements for quality (clean recycling) are increasing due to new policies implemented by end markets for recyclable materials.

Earlier this year, China began to limit the quality and quantity of material it accepts for recycling, impacting the recycling industry world-wide. **As a result, our focus on quality is higher than ever, as we work to ensure the long-term sustainability of our recycling programs.**

When non-recyclable items (contamination) end up in your recycling, they have the potential to turn the entire load into trash, resulting in contamination and additional processing and disposal costs.

IMPORTANT

Under your service terms, you may be assessed contamination charges of up to \$69.00 per yard (based on the size of your recycling container) for excess contamination found in your container during recycling collection.

Here are some tools for success – follow these simple rules to avoid contamination charges.

| RECYCLING DO'S | RECYCLING DON'T'S |
|--|--|
| DO recycle all empty plastic bottles, cans, paper, and cardboard. | DON'T bag your recyclables – plastic bags and film get tangled in the machinery. |
| DO keep foods and liquids out of recycling | DON'T include food-soiled items – they can turn an entire load of recycling into trash. |
| DO keep plastic bags out of recycling. | DON'T add sharp or dangerous materials like needles and electronics – they can cause injury to our workers. |
| | DON'T toss in “tangles” like rubber hoses and wires – they can shut down an entire recycling center! |
| | DON'T include bulky items like propane tanks or construction debris. |



Produce

Fruits & vegetables



Bakery & Dry Goods

Pasta, beans, rice, bread & cereal



Floral

Plants & flowers



Meat

All cooked raw meat products including bones, shells, fish, beef & chicken



Soiled Paper Goods

Coffee grounds & filters, tea bags, soiled paper bags, tissues, paper towels, napkins, & uncoated take-out containers



Compostable Serveware

Wooden utensils, paper plates & cups



Dairy

Milk, yogurt, ice cream & cheese

Organics



**Plastic Bottles, Film & Containers
with Recycling Symbols #1-7****Plastic Bags****Metal Cans****Glass Bottles & Jars****Paper Cardboard, Dairy & Juice
Containers****Flattened Cardboard &
Paperboard****Shrink Wrap****Paper**

Brown paper bags, printer paper, newspaper, magazines and construction paper. Place shredded paper in a clear tied plastic bag.



DO NOT INCLUDE:
**Polystyrene foam cups,
food or yard waste and
electronics.**

Follow these 3 steps:

1. Remove lids and caps from jars, bottles and cans.
2. Clean off food particles or residue. Labels can be left on.
3. Put your recyclables loose in your WM recycling bin. Do not put them in garbage or blue recycling bags.

Mixed Recyclables

ECO ALLEY - NEWS YOU CAN USE - REDUCE REUSE REPURPOSE RECYCLE

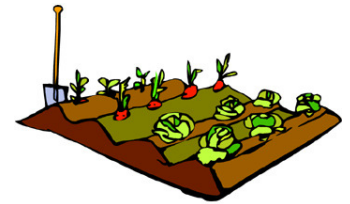
Now that spring has finally arrived we can get on with our plans for doing all those spring things we dreamed about doing while we were 'socked' in during those 'snowy' days. Here are a few things we can do during the **Green Season** and protect our environment at the same time:

Do some Spring Cleaning: the weather is lovely and all we want to do is be outside enjoying it, but also take some time to consider cleaning your living space. This will make you feel good, as well as make your space more livable during the year. So, that means getting rid of things. Check out the many places in Calgary that you can donate books, clothing, furniture, and house hold items that others may find useful.



Get on the Bike: get outside and get active. Biking is a good way to get outdoors, get some exercise, and leave the car at home. No bike? Check the many sites for second hand bikes – try Bike Swap or yard and garage sales.

Plant a vegetable garden if you are able and reap the benefits of the produce come harvest time. Make considerations for watering and consider a compost bin or a rain barrel. Check out local Farmer's Markets and always buy local produce when you can.



Support your City by doing a clean-up with a local group, volunteering your time, or supporting local charitable programs. Spring is a great time to get involved. Many charities are looking for help, support, or even just an audience. Keep your eyes on the media, social or otherwise for things and events that will be going on in the near future.



Spring and summer are great times to be outdoors! Camping, barbecuing, biking, hiking, and boating. **How do we enjoy all of these activities while protecting the environment we live in?** We do this by planning ahead. Have a plan for your activities, but have a plan for **what to do with your waste as well!** Bring **compostable bags** with you for your waste, use compostable dinnerware and cutlery, use a **reusable water bottle instead of the plastic ones, keep reusable straws handy**, and bring a way to deal with garbage waste. Plan where you are going and check to make sure there are proper receptacles for waste – if not, bring your waste back home with you to dispose of in your compost or trash barrels. If you know you might be doing some shopping bring reusable bags with you.

Above all **be respectful to the people, creatures, and the environment around you.** Remember your enjoyment can affect others, from wildlife to ecosystems. Be mindful of what you are doing and you won't go wrong no matter what event or activity you participate in. If we are all a little better prepared with our weekend and holiday plans we can avoid a lot of needless waste!

If you find yourself in need of quick advice give the nice people a call at Green Calgary's **Eco Store at 403-230-1443** or visit them at **#100, 301 14th St NW Calgary, Alberta.** You can purchase reusable straws and other ecofriendly items at the Eco Store.

◆Human Interest◆

This section is a great place for you to share with your neighbours and your community. We welcome any submissions that may celebrate Personal Accomplishments and/or Personal Milestones such as Births, Birthdays, Weddings, and Anniversaries. It is also a great way to send out Thank You Messages, notes of praise on a job well done, announcements, or any other tidbits that you'd like to share! Submissions can be emailed to janine@sarceemeadows.coop or dropped off at the office to the attention of the Newsletter Committee.

Unfortunately the Newsletter Committee did not receive any submissions for our Human Interest section this month. We look forward to receiving more great articles and stories from our members, to be published in future issues of Connections.

◆Letters to the Editor:◆

Letters to the Editor are the opinion of the author[s] and do not reflect the opinions of the Board of Directors or the members of Sarcee Meadows Housing Co-operative Ltd.

Letters to the Editor are not edited for content by the newsletter committee prior to printing.

SMHC is a Family Friendly Co-op

Those long days of summer are fast approaching and so is the end of the school year. It won't be long until we start hearing laughing and screaming and see kids running throughout the coop. Before you knock on your neighbour's door in the middle of the afternoon telling them to keep their kids quiet, please remember we are family friendly and the kids have every right to play in their yards, common areas and parks (not climbing trees please). As parents, or in my case, as a grandma, we should do our best to keep our kids voices down as much as possible, but not to stifle them. It's wonderful to walk through the Co-op and see the kids laughing and playing ball and having fun with each other. We want to encourage building community and togetherness at every opportunity. Let's also remember the parks are there for all of us to enjoy. Kids and adults alike, please remember to take your garbage with you when you leave the park. Please also remember to clean up after your animals. Lastly, as the nights are staying warm longer, please be mindful of the noise bylaws and keep your voices down. Voices carry in our complex probably a lot more than we realize. Based on the City of Calgary Bylaws – “All residents have the responsibility not to make noise that disturbs others between 10 p.m. and 7 a.m. Monday to Saturday and 10pm to 9am on Sunday and holidays.”

Cheers, Kathy A.



◆ Classifieds ◆

Disclaimer: Any ads placed in this newsletter are not to be considered as an endorsement by Sarcee Meadows Housing Co-operative Ltd. but are for information only.

FOR SALE:

Two comfy sofa chairs. \$90.00, or best offer, for both.
Please contact Alicja at 403-246-5219



FOR SALE:

Yamaha stereo, receiver, 2 towers, CD player, and a Sony turn table.
\$550.00 as a unit
Please call 403-249-8755

Window Cleaning:

Exclusive Window Cleaning offer for Sarcee Meadows Members!
Exterior window cleaning – all main level windows – just \$15.00
Contact: Bill Davidson, Unit D251, 403-875-4096



Healing Intentions:



Psychic/Medium

Card Readings

Book a party

Call Shelly: 403-660-2045

Energy/Crystal healings

Other Services available

Knitted Dish Cloths For Sale:

Assorted colours and patterns. \$2.00 each or 3 for \$5.00.

Call Tricia: 403-242-0048



House Cleaning:



I have over 15 years' experience and I'm available for all your cleaning needs; organizing your home or helping with small tasks on a weekly, biweekly or monthly basis. \$25.00 per hour includes all products needed for cleaning.

Contact: Monika 403-920-0920 or email: cleanandshine28@gmail.com

Straightline Painting:

Residential painter, competitive prices, 30 years' experience. Used by SMHC

Call Peter: 403-998-5179



Lawn Mowers wanted:



Do you want to get rid of your old lawn mower? Fred Sheppard is looking for used lawn mowers to repair and sell.

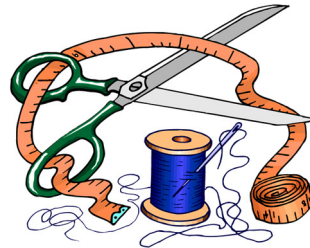
Please call Fred at 403-686-4302.

Moments Fashion Solutions

- Need Alterations?
- Italian Leather Products
- Baby Boots

Contact Marzena - 403-397-3779

www.momentsfashion.com



Ladies & Girls only Swimming Session

Organized By

ICNA Sisters Calgary

Golden opportunity for ladies & girls to learn swimming from female instructors with no men around. Covers are on all of the windows looking into pool area. Confirm your spot by contacting Farha Fatima (Contact information given below).



Steam-room, Hot tub, Aqua size



Plenty of FREE Parking

Where: Killarney Aquatic & Recreation Center

1919 – 29th Street SW, Calgary

When: Every Saturday

(First session starts on February 24th, 2018)

Who: Open to ladies & girls of all ages

Time: 5:00 pm to 7:00 pm

Rate: \$8 - swim only

\$12 - with instructor, - Pay in advance

Contact: Farha Fatima

Phone: 403-969-9648

Email: farha1_khan@yahoo.com



ICNA Sisters Canada
Islamic Circle of North America

2018 Recycling Schedule

RECYCLING PICKUP DATES: Recycling will be done **EVERY WEEK**, by sections, on Tuesday, Wednesday, Thursday and Friday unless there is a holiday. Any dates in bold are changed from the regular day.

A11 to C176 Tuesday **January** 2, 9, 16, 23 30, **February** 6, 13, 20, 27, **March** 6, 13, 20, 27, **April** 3, 10, 17, 24, **May** 1, 8, 15, 22, 29, **June** 5, 12, 19, 26, **July** 3, 10, 17, 24, 31, **August** 7, 14, 21, 28, **September** 4, 12, 18, 25, **October** 2, 9, 16, 23, 30, **November** 6, 13, 20, 27, **December** 4, 11, 18

C181 to E358 Wednesday **January** 3, 10, 17, 24, 31, **February** 7, 14, 21, 28, **March** 7, 14, 21, 28, **April** 4, 11, 18, 25, **May** 2, 9, 16, 23, 30, **June** 6, 13, 20, 27, **July** 4, 11, 18, 27, **August** 1, 8, 15, 22, 29, **September** 5, 12, 19, 26, **October** 3, 10, 17, 24, 31, **November** 7, 14, 21, 28, **December** 5, 12, 19

E361 to H556 Thursday **January** 4, 11, 18, 25, **February** 1, 8, 15, 22, **March** 1, 8, 15, 22, 29, **April** 5, 12, 19, 26, **May** 3, 10, 17, 24, 31, **June** 7, 14, 21, 28, **July** 5, 12, 19, 26, **August** 2, 9, 16, 23, 30, **September** 6, 13, 20, 27, **October** 4, 11, 18, 25, **November** 1, 8, 15, 22, 29, **December** 6, 13, 20, 27

H561 to L745 Friday **January** 5, 12, 19, 26 **February** 2, 9, 16, 23, **March** 2, 9, 16, 23, **April** 2, 6, 13, 20, 27, **May** 4, 11, 18, 25, **June** 1, 8, 15, 22, 29, **July** 6, 13, 20, 27, **August** 3, 10, 17, 24, 31, **September** 7, 14, 21, 28, **October** 5, 12, 19, 26, **November** 2, 9, 16, 23, 30, **December** 7, 14, 21, 28

Pick-up April 2 instead of March 30



CALENDAR:

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------|--|--|---|--|-----------|--|
| June 10 | 11 Honours & Awards @ 7:00 | 12 Membership @ 7:00 Education & Involvement @ 7:00 | 13 Property Enhancement @ 7:00 | 14 Members Meeting @ Grace Lutheran @ 7:00 | 15 | 16 |
| 17 | 18 H & A Interviews @ 6:00 Finance @ 7:00 | 19 | 20 CSI @ 1:30 Personnel @ 7:00 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 Board Meeting @ 6:45 | 28 | 29 | 30 |
| July 1 | 2 Shop and Office Closed in lieu of Canada Day | 3 Newsletter @ 7:00 | 4 | 5 Entertainment @ 7:00 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 Stampede Breakfast 9:00 am-11:00 am |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |



COMMITTEE CONTACTS: 2018 – 2019:

C.S.I. (Co-op Seniors Interests)

Chair: Lucille Ranchuk
Board Liaison: Isabell Reznik

Education and Involvement

Chair: Judy Silzer
Board Liaison: Helen Serrurier

Elections

Chair: Marie Forester

Entertainment and Social Events

Chair: Sandy Christensen
Board Liaison: Jenn Jenkinson

Environment

Chair: Russ Chandler
Board Liaison: John Preston

Finance

Chair: Maria Brogowski
Board Liaison: John Preston

Grievance & Resolution

Chair: Georgia Gardiner

Honours and Awards

Chair: Audrey Templeton
Board Liaison: Joanne Mick

Membership

Chair: Sandy Christensen
Board Liaison: Isabel Ciok

Newsletter

Chair: Kim Spence / Sonya Nadon
Board Liaison: Isabell Reznik

Personnel

Chair: Pat Fenlon
Board Liaison: Kelly Edwards

Property Maintenance

Chair:
Board Liaison: Mike Cooper

Property Enhancement (includes Parking and Security)

Chair: Wayne McAdam
Board Liaison: Dean Putman

Committees can be contacted by calling the office at 403-246-2746 Ext. 102 or emailing janine@sarceemeadows.coop

After Hours Emergency Maintenance:

In the event of an emergency maintenance situation after hours please call the Emergency Maintenance Cell Phone at:

403-813-2783

