

# *Connections Newsletter*

*November 2018*

## **BOARD OF DIRECTORS REPORT:**

To begin, we wish to say thank you to all members who attended the October 20<sup>th</sup>, 2018 Members Meeting. The opportunity to be involved and have your voice heard is a wonderful privilege of living in a housing cooperative! We had 134 units represented. Thank you to all of the volunteers at the meeting. A special thank you to all of the youth that came out to volunteer as greeters and at the registration tables.

## **Cannabis Town Hall – Thursday November 22 at Rutland Park Community Association at 7:00pm**

We encourage everyone to make the time to attend this town hall to share with your neighbors and the Board of Directors what you would like to see as a Policy regarding Cannabis use in Sarcee Meadows.

## **Remembrance Day Nov 11**

Please take a moment to consider and honour the men and women who have and still do defend the freedoms we have in this great country. They deserve our thoughts and gratitude not just on November 11, but whenever we are reminded of the many privileges we enjoy.

## **Snow is coming!!**

Please remember that although we are lucky to have Green Dream Landscapes helping us with snow removal slippery sidewalks, snow-covered cars, and cold temperatures can still be a challenge for many of our members. We encourage you to be a good neighbour – be cheerful and helpful whenever you can be!

**Committees:** We are still looking for additional members for the following committees: **Finance, Grievance and Resolution, Property Maintenance, Education and Involvement, Newsletter, Personnel, and Membership**

If you are interested in joining any of these committees please stop by the office and pick up an application form. Please remember with the new committee structure, there are five committees that are appointed by the Board based on applications received. They are Finance Committee, Grievance and Resolution Committee, Membership Committee, Personnel Committee, Property Maintenance Committee. For these committees you need to submit an application form.

**Your choice to apply for any of these five committees may be a reflection of your professional or volunteer experience, but it may also just be about your passion for the work of that particular committee.**

Your SMHC Board of Directors

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## **GENERAL MANAGER'S REPORT:**

*(It's Miller Time!)*

### **Office/Shop**

The roof is still currently under construction, so things are a bit chaotic at the office and shop. The administrative office is located at unit H531. Regular hours in effect. The maintenance shop is still open and located at its usual location in B50. Members will be updated when the work is complete.

**Note:** Most committee meetings will be held at B50 unless committees are otherwise notified. Board Meetings and CSI meetings will be held at H531.

### **Chimney Work**

Chimney work to cap off old chimney stacks will continue as weather permits. There has been an issue with some chimney's dropping down in member's basements as the previous fastening has failed. This will not cause any issues with the unit or furnace but it does need to be repaired. In this situation access to the basement will be required. This work is almost finished.

### **Cannabis**

Save the date for the Cannabis Town Hall which will be held on Thursday, November 22, 2018 at the Rutland Park Hall. There will be further information with additional details.

### **Job Posting**

There is a job opportunity at the shop for a General Labourer, see details listed further in this newsletter. Closing date for applications is Friday, December 14, 2018. This position will be posted both internally and externally.

### **General**

I look forward to seeing you all at the Winter Social and Potluck, on November 17, 2018. It is always great to get out and get together with your neighbors when the weather gets cold.

Thank you,

Roberta Miller  
General Manager



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### **From the Office (Currently H531):**

We are getting reports that there have been a lot of vehicle break-ins happening again, some where the car windows have been broken. Please keep an eye out and report these incidents to the Calgary Police Service. We have had some items turned in to the office, including a GPS system. Please stop by to see if it is yours.

We have also received reports from several members who have been hearing loud bangs, similar to large firecrackers or gun shots, in the middle of the night on more than one occasion. If anyone has any information on the possible cause of these disturbing noises please contact the Calgary Police and/or the office.

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## **◆Committee Reports◆**

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### **NEWSLETTER COMMITTEE:**

We are continuing to work hard as we compile and put all the finishing polish on our Special 50<sup>th</sup> Anniversary Edition.

Thank you to all who have contributed stories, pictures and little tidbits to this important project.

Please continue to enjoy our regular Connections Newsletters and watch for our Special Edition to arrive in your mailboxes before Christmas.

Be sure to enter our 50 for 50 SMHC Trivia Contest found further in this newsletter!

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### **PROPERTY ENHANCEMENT COMMITTEE:**

Please turn off the lawn service taps.

#### **SHUT OFF PROCEDURES FOR LAWN SERVICE TAP**

- 1. INSIDE – Close the valve FIRMLY.**
- 2. OUTSIDE – ensure the hose is removed then open the tap and leave it open.**
- 3. INSIDE – open bleeder valve and drain water out, close bleeder valve.**



**Note:** If water continues to drip outside please call in a work order. If you have any troubles please put a work order in and staff will turn off the lawn service tap.

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### **CSI COMMITTEE:**

**ARE YOU OVER 55 and have great ideas that could benefit our seniors?**



Then the Coop Seniors Issues wants you!! We are looking for new members to bring some fresh ideas on how to help our seniors. Please call Pat @ 403-246-2746 ext. 104 for further details.

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### **EDUCATION & INVOLVEMENT COMMITTEE:**

Hope everyone is enjoying the fall season. Your Education and Involvement Committee meets every month and is committed to educating the members on a variety of different topics. We are sure you

enjoyed the talk presented by Garry from our committee at the October members meeting. In case you missed it, we presented three maintenance items. They were:

- 1) To remind everyone, before draining hot cooking water, please turn on the cold water tap to prevent the pipes from bursting (example draining pasta, rice water etc.)
- 2) To please keep the temperature in your unit to moderate, especially overnight. By that, we mean 18 degrees C.
- 3) Also please be mindful about what items go in which disposal bins.

Examples:

- Food waste in green compost bins.
- Keep large items like furniture out of the dumpster. Please dispose of in the Big Bins when they are brought on site.
- Also keep boxes out of the dumpster – put them out with your weekly recycle pickup.

This committee has also been looking at a new initiative to appreciate and acknowledge good deeds being done by other members.

We also conduct new member workshops. Member-engaged workshops in the first year of membership are discussed often in our committee meetings.

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### **ENTERTAINMENT & SOCIAL EVENTS COMMITTEE:**

Thank you to all the fabulous “ghosts” and “goblins” who found us and stopped by the temporary office at H531 on Halloween Night! It was great to see so many families out enjoying the evening and tons of fantastic costumes. The Entertainment & Social Events Committee had a great time passing out over 100 treat bags and bags of chips and serving up plenty of hot chocolate and hot dogs. And of course we had fun dressing up too. We are already looking forward to next year when we will be back at B50!



We are now looking forward to our Winter Social and Potluck on Saturday November 17<sup>th</sup>, 2018 from 6:00 pm to 12:00 am. While we sadly did not get anyone to sign up for the Talent Show, we will still be thoroughly entertained with Tune Trivia provided by Kiss Productions! Please see the flyer on the following page for more details!

THE SMHC ENTERTAINMENT & SOCIAL EVENTS  
COMMITTEE CORDIALLY INVITES YOU TO ATTEND  
OUR 3<sup>RD</sup> ANNUAL

# WINTER SOCIAL & POTLUCK DINNER

- RUTLAND PARK HALL
- SATURDAY NOVEMBER 17<sup>TH</sup>, 2018
- 6:00PM TO 12:00AM
- TUNE TRIVIA 7:00PM TO 11:00PM

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MEAT AND CHEESE TRAYS WILL BE PROVIDED BY THE  
COMMITTEE. GUESTS ARE ENCOURAGED TO BRING  
ADDITIONAL SNACKS, SIDES, ENTREES, OR DESSERTS TO SHARE  
WITH YOUR NEIGHBOURS.

THERE WILL BE A CASH BAR WITH BEER, WINE, AND  
COOLERS FOR \$2.00 EACH, POP FOR \$1.00 EACH, AS WELL AS  
PUNCH AND COFFEE AT NO CHARGE.

KISS PRODUCTIONS WILL BE PROVIDING TUNE TRIVIA  
FROM 7:00PM TO 11:00PM

FAMILIES ARE WELCOME TO BRING THEIR CHILDREN; BOARD  
GAMES AND COLORING ACTIVITIES WILL BE PROVIDED FOR  
THEIR ENTERTAINMENT.

THIS EVENT IS OPEN TO SMHC RESIDENTS AND THEIR  
GUESTS ONLY.

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## **ELECTIONS COMMITTEE:**

### **Best Decision Ever**

Fall is traditionally the time for folks to firm up yearly activities, both old and NEW.

As one of your NEW activities we're asking that you please consider a term of office on Sarcee Meadows' Board of Directors beginning in January 2019.

Look at that free evening slot on your calendars, the last Wed. of every month [excluding July and August] and mark in a purposeful and rewarding elected position!!!

\*\*Think and talk about it with your family, friends and neighbors

\*\*Contact the friendly Elections Committee anytime via the office 403 246-2746

\*\*Find out all that is entailed, share your questions and let us help you make your NEW DECISION to file the candidacy papers!!!

### **2019/20 Sarcee Meadows' Board of Directors Meetings**

\*All meeting dates circled \*No meeting Jan. 2019, instead, Jan. 22, 2020 \*TBA - two Feb. 2019 meetings - one for Orientation and one for Reorganization \*Any additional meetings scheduled by consensus

January							February							March							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
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6	7	8	9	10	11	12	3	4	5	6	7	8	9		3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16		10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23		17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28				24	25	26	27	28	29	30
															31						

April							May							June							
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7	8	9	10	11	12	13	5	6	7	8	9	10	11		2	3	4	5	6	7	8
14	15	16	17	18	19	20	12	13	14	15	16	17	18		9	10	11	12	13	14	15
21	22	23	24	25	26	27	19	20	21	22	23	24	25		16	17	18	19	20	21	22
28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29	30

July							August							September							
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21	22	23	24	25	26	27	18	19	20	21	22	23	24		22	23	24	25	26	27	28
28	29	30	31				25	26	27	28	29	30	31		29	30					

October							November							December							
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20	21	22	23	24	25	26	17	18	19	20	21	22	23		22	23	24	25	26	27	28
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Sarcee Meadows Election  
Committee

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## **◆Contest◆**

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### **\$50 for 50 years SMHC Trivia Contest:**

In celebration of our 50<sup>th</sup> Anniversary we are holding one last contest for 2018. Entering is so easy! Just answer the four questions below and drop off your entry at the office, unit H531, by **November 30<sup>th</sup>, 2018**. Three prizes, valued at \$50.00 each, will be awarded to three winners selected at random from all correct entries.

**Name:**

\_\_\_\_\_

**Unit**

**Number:**

\_\_\_\_\_

**Question 1:** On what date was Sarcee Meadows Housing Co-operative Ltd. officially incorporated? **Answer:** \_\_\_\_\_

**Question 2:** There is a time capsule buried somewhere on SMHC property, true or false? **Answer:** \_\_\_\_\_

**Question 3:** The new Co-op flags are available in seven different colours; what colour is SMHC's new Co-op flag? **Answer:** \_\_\_\_\_

**Question 4:** How many units are there in Sarcee Meadows Housing Co-operative Ltd.? **Answer:** \_\_\_\_\_

**Good luck to all the entrants!**

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# **◆Opportunities◆**

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## **JOB POSTING:**

There is a new job opportunity at the shop for a General Labourer. Please see below and the next page for all the details on this position. Closing date for applications is December 14, 2018.



## **SARCEE MEADOWS HOUSING COOPERATIVE LTD.**

### **Full-Time Employment Opportunity Available**

Sarcee Meadows is looking for a qualified individual for the position of

### **General Labourer**

(See description and qualifications needed on the following page)

### **To apply for this position, submit your resume and cover letter to:**

**Sarcee Meadows Housing Cooperative Ltd  
B50, 4221 Sarcee Rd SW  
Calgary, AB  
T3E, 6V9**

### **Attention:**

**Mike Read, Maintenance Supervisor**

or

**Roberta Miller, General Manager**

**CLOSING DATE  
DECEMBER 14, 2018**



## **General Labourer**

### **November 2018**

**RESPONSIBLE TO:** Maintenance Supervisor and General Manager  
**POSITION STATUS:** Permanent Full Time  
**SALARY RANGE:** To be negotiated, dependent on experience

#### **Characteristic Duties and Responsibilities:**

This position involves the following:

- Performs work required on work orders, which can include:
  - Doors (external, screen, closet): hinge adjustments, weather-stripping, rams, hardware adjustments and locking mechanisms
  - Windows: adjustments and hardware repair
  - Internal and external railing repair
  - Re-caulking tubs, kitchen counters, vanity counters etc.
  - Assisting members with minor tasks – changing light bulbs, utility bulbs for appliances etc.
  - Bathroom fan repair/replacement.
  - Smoke/CO2 detector replacement
  - Minor pest control.
- Ensures safety and security of personnel, members and property are maintained.
- Cleans up the job and maintenance shop site on a daily basis;
- Other duties as assigned by the Maintenance Supervisor or General Manager

#### **Qualifications:**

We favour applicants with the following skills:

- High school diploma (or GED) is required.
- Knowledge of general shop practices and skill in using shop tools and equipment. Mechanically inclined.
- Capable of working overhead and not afraid of heights.
- Able to lift 50 lbs
- Fall Protection would be an asset.
- Detail orientated
- Problem solving skills
- Hard-working
- Reliable

The successful applicant will be a motivated individual who is organized, can prioritize their workload, and has exceptional people skills. This individual will work independently as well as being part of a team and will be expected to help out other departments within SMHC when requested.

Must be familiar with, and adhere to, all SMHC Procedures and Policies, including those outlined in SHMC's Safety Manual, Ethical Conduct Policy, Whistleblower's Policy and Personnel Policy.

All employees are expected to uphold SMHC management decisions and maintain staff confidentiality at all times.

Must complete a Criminal Record Check as well as be bondable

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### **NEW TASK FORCES:**

The SMHC Board of Directors have finalized the Job Descriptions for two new Task Forces which are now in need of volunteers. Please contact the Committee and Volunteer Coordinator at 403-246-2746 or [janine@sarceemeadows.coop](mailto:janine@sarceemeadows.coop) if you are interested in joining either of these groups.

#### **SARCEE MEADOWS HOUSING CO-OPERATIVE LTD.** **FUNDING RESEARCH TASK FORCE JOB DESCRIPTION**

DATE: September 2018  
TASK FORCE: **FUNDING RESEARCH TASK FORCE**  
STATUS: As required  
RESPONSIBLE TO: The Board of Directors  
REPORTS TO: Board of Directors and Membership  
COMPOSITION: As determined by the Board of Directors

#### **DUTIES AND RESPONSIBILITIES:**

1. Task force members will become familiar with current available grants, bursaries, loan programs, and any other funding opportunities for property maintenance/renewal/new builds for housing co-operatives and work together to provide recommendations of programs to apply to the Board of Directors and Membership.
2. Staff will do the necessary research and draft documents for the taskforce to review – these include:
  - Available grants/bursaries/loan programs/other funding opportunities
  - Terms and definitions
  - Table of contents
3. Non-staff task force members will be responsible for detailed review and presentation to the Board of Directors and Membership as required.
4. Consultations with outside agencies on this matter may include:
  - SACHA – when required
  - SMHC Legal counsel – when required
  - Alberta Government Services – when required
5. Once funding opportunities are approved, the task force will remain in place to ensure that there is on-going review of new funding opportunities. Process to be determined and approved by the Board of Directors.

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**SARCEE MEADOWS HOUSING CO-OPERATIVE LTD.**  
**BYLAW REVIEW TASK FORCE JOB DESCRIPTION**

DATE: September 2018  
TASK FORCE: **BYLAW REVIEW TASK FORCE**  
STATUS: As required  
RESPONSIBLE TO: The Board of Directors  
REPORTS TO: Board of Directors and Membership  
COMPOSITION: As determined by the Board of Directors

**DUTIES AND RESPONSIBILITIES:**

1. Task force members will become familiar with current SMHC bylaws and work together to provide recommendations of programs to apply to the Board of Directors and Membership.
2. Staff will do the necessary research and draft documents for the taskforce to review – these include:
  - SMHC bylaws
  - Terms and definitions
  - Table of contents
3. Non-staff task force members will be responsible for detailed review and presentation to the Board of Directors and Membership as required.
4. Consultations with outside agencies on this matter may include:
  - SACHA – when required
  - SMHC Legal counsel – when required
  - Alberta Government Services – when required
5. The task force will remain in place to ensure that Members received an up-to-date copy of SMHC bylaws. Process to be determined and approved by the Board of Directors.



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## Great Kids Award

Nominate an outstanding child or youth who has achieved great things while overcoming life's challenges.

It's that time of year again to submit nominations for the Great Kids Award of Alberta. Last year Jevon Putman from Sarcee Meadows was one of the winners. There are lots of great kids out there deserving of this special recognition. I hope that you will take the time to submit a nomination. Check out the link below for more information.

Here is Jevon's bio from the 2018 Great Kids Award: "Jevon Putman, age 12 - Calgary - Jevon has faced many challenges due to epilepsy. He has moved through life with a smile on his face and joy in his heart. He has volunteered for his community, school, and neighbours to make his community a better place."

**Deadline for nominations is 4:00 p.m. on November 30, 2018.**

Nominees must reside in Alberta and be between ages five and 18.

I hope you will make the time to nominate one or more of the Great Kids right here in Sarcee Meadows.

[www.humanservices.alberta.ca/departments/great-kids-award.html](http://www.humanservices.alberta.ca/departments/great-kids-award.html)

### **Overview**

The Great Kids Award honours children and youth who inspire and change the lives of others, and help to build stronger communities. These great kids exemplify the qualities of resiliency, leadership, determination, and strength, and have often overcome a wide variety of challenges to make a positive impact in our province.

By recognizing and sharing their stories, the Great Kids Award aims to inspire all young people to go above and beyond to make a difference in their lives and the lives of others.

The Great Kids Award has been in existence since 1999.

### **What you win**

Award winners and their families receive:

- a night's stay at the Fantasyland Hotel
- passes to West Edmonton Mall attractions
- a trophy from Children's Services
- an invitation to attend the awards ceremony with their own special guests
- a prize from a corporate sponsor at the ceremony
- The ceremony is a closed event. Only the winners, their families and special invited guests are able to attend.
- If your nominated child does not win, they will still get a letter and certificate in the mail recognizing their efforts.

### **Eligible nominees**

Nominees must be residents of Alberta. Nominators can live outside of Alberta, but the child or youth must have an Alberta address.

16 awards are given to recipients from 4 eligible age groups:

- ages 5-8
- ages 9-12
- ages 13-15
- ages 16-18

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## **◆Community News◆**

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*Presented for Members and Residents of  
Rutland Park, Currie and Lincoln Park*

# **JOIN US FOR A UKRAINIAN FESTIVAL NIGHT**

*Featuring traditional Ukrainian food*

*and a special appearance by  
the Hopak Dancers and Orchestra*

*Saturday, December 1<sup>st</sup>, 2018*

*4:30 – 7:30 pm*

*Rutland Park Community Hall,  
3130 – 40<sup>th</sup> Ave. SW*

*Cash Bar -- Door Prizes -- Family Fun*

*Tickets go on sale November 1<sup>st</sup>*

Adults                      \$ 15.00

Students 6 – 17 \$ 10.00

Kids under 6              FREE

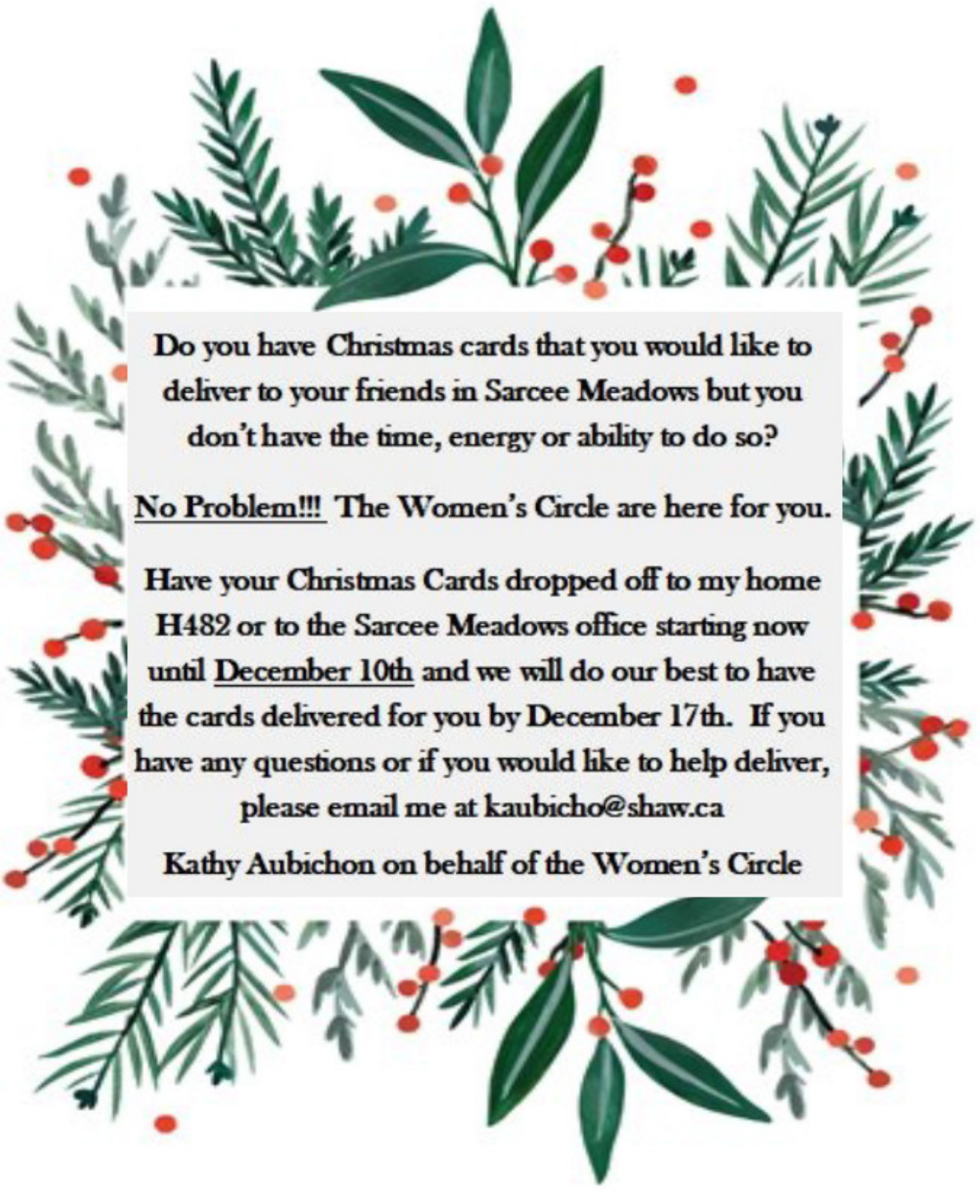
Call Isabell      (403) 242-6334

or Judy      (403) 686-0544

***ACT NOW – Tickets will sell fast!***







Do you have Christmas cards that you would like to deliver to your friends in Sarcee Meadows but you don't have the time, energy or ability to do so?

**No Problem!!!** The Women's Circle are here for you.

Have your Christmas Cards dropped off to my home H482 or to the Sarcee Meadows office starting now until December 10th and we will do our best to have the cards delivered for you by December 17th. If you have any questions or if you would like to help deliver, please email me at [kaubicho@shaw.ca](mailto:kaubicho@shaw.ca)

Kathy Aubichon on behalf of the Women's Circle



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# **◆Education◆**

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## **Disability Tax Credit**

**Are you leaving money on the table? One of our SMHC members applied and received \$10,000 back from Revenue Canada.**

### **What is the Disability Tax Credit?**

Do you have problem with your hearing or eyesight? Has having a hip or knee replacement left you with mobility issues? These are just some of the inflictions that may qualify you to be eligible to receive the Disability Tax Credit. The government of Canada recognizes the challenges of living with a disability. This is why tax benefits are available for those who qualify for the disability tax credit certificate. A person that has a disability is encouraged to use this tax savings as a way to support high living costs in addition to supplementing his or her income for the time it takes to manage the symptoms of disability. Any citizen can apply. The disability tax credit (DTC) is a non-refundable tax credit that helps persons with disabilities or their supporting persons reduce the amount of income tax they may have to pay. The disability amount may be claimed once the person with a disability is eligible for the DTC. This amount includes a supplement for persons under 18 years of age at the end of the year. Being eligible for this credit may open the door to other programs. For more information, go to [www.canada.ca/disability-tax-credit](http://www.canada.ca/disability-tax-credit) or see Guide RC4064, Disability-Related Information.

The T2201 form is the official code for the Disability Tax Credit Certificate in Canada. In order to qualify for this tax credit a T2201 form must be completed and sent into the Canada Revenue Agency (CRA). If the T2201 form confuses you, know you are not alone. Applying for the disability tax credit certificate is not a simple process. This is why there are services available to help people with disabilities get the money that is reserved for them from the government of Canada. If you qualify to receive tax benefits, you may also receive retroactive payments. This will also be determined by the Canada Revenue Agency. To be awarded back pay, it will be necessary to have tax returns from (up to 10) previous years.

Certain sections of this form must be filled out by a medical doctor. This is a way to prove that you have a disability and are therefore entitled to tax benefits. A doctor verifies that the individual is disabled according to CRA requirements which is necessary to qualify. A medical practitioner according to the CRA includes: optometrists, audiologists, occupational therapists, physiotherapists, psychologists, speech- language pathologists, or other medical doctors.

Get the T2201 form here [www.canada.ca/en/revenue-agency/services/forms-publications/forms/t2201.html](http://www.canada.ca/en/revenue-agency/services/forms-publications/forms/t2201.html). If you need more information after reading this form, go to [www.canada.ca/disability-tax-credit](http://www.canada.ca/disability-tax-credit) or call 1-800-959-8281.

### **Are you eligible?**

You are eligible for the DTC only if we approve your application. On this form, a medical practitioner has to indicate and certify that you have a severe and prolonged impairment and must describe its effects.

If you receive Canada Pension Plan or Quebec Pension Plan disability benefits, workers' compensation benefits, or other types of disability or insurance benefits, it does not necessarily mean you are eligible for the DTC. These programs have other purposes and different criteria, such as an individual's inability to work.

You can send the form at any time during the year. By sending your form before you file your income tax and benefit return, you may prevent a delay in your assessment. We will review your form before we assess your return. Keep a copy for your records.

**Fees** – You are responsible for any fees that the medical practitioner charges to fill out this form or to give us more information. However, you may be able to claim these fees as medical expenses on line 330 or line 331 of your income tax and benefit return.

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## **◆Human Interest◆**

*This section is a great place for you to share with your neighbours and your community. We welcome any submissions that may celebrate Personal Accomplishments and/or Personal Milestones such as Births, Birthdays, Weddings, and Anniversaries. It is also a great way to send out Thank You Messages, notes of praise on a job well done, announcements, or any other tidbits that you'd like to share! Submissions can be emailed to [janine@sarceemeadows.coop](mailto:janine@sarceemeadows.coop) or dropped off at the office to the attention of the Newsletter Committee.*

*Submissions to this section are the opinion of the author[s] and do not reflect the opinions of the Board of Directors or the members of Sarcee Meadows Housing Co-operative Ltd.*

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### **THANK YOU!**

Garry Sluiter, one of the long term, dedicated and talented members in our cooperative, passionately cares about things that are important in this world.

He cares about his family, neighbours, and friends.

He offers his talents and gifts as the handyman in a quiet, reliable, and consistent way.

Thanks to Garry, Marla's Gardens are in good shape and bring joy to many. Despite numerous damages caused by vandalism, Garry patiently restored several figurines and placed them back where they belong.

Garry consistently assists many of us here at Sarcee Meadows in household repairs. Anything from painting, carpentry, trimming overgrown shrubs, building fences and repairing often unrepairable items. He always finds the way to make things happen in his unique, creative way.

He volunteers on committees and on and off as a Board member.

Thank you Garry.

Thanks to people like you, the sun is brighter, the sky is bluer, and the world a little nicer.

From an Appreciative Member

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### **HAUNTED HOUSE:**

Submitted by Kathy Aubichon

I had heard from numerous people about unit G451 and how spooky it was so I decided to take a stroll over to take a look for myself. Wow!!! When I rang the doorbell I was half expecting Chevy Chase to answer. The scene on their front lawn was something out of a National Lampoon movie.

Colleen with the help of her partner Dallas and their kids have been decorating/transforming their yard and unit on most special holidays since Colleen moved into Sarcee Meadows in 2012. They started out small that first Halloween but they seem to grow their displays every year! People come from all over to check out their grand display.

Colleen started decorating for Halloween in Calgary in 2002. She moved to Calgary in 2000 from Newfoundland but didn't have her own place until 2002. She remembers the first decorations she purchased on her own and she still has them! It is her Mr. & Mrs. Skeletons and she decorated the balcony of her first apartment! She later moved into a house in Falconridge and decorated there for about 8 years while slowly building her collection! She became very well known in the neighborhood and she remembers this one older couple coming up and ringing her doorbell just to thank her. They said she was the John Wayne of Halloween!

When I asked Colleen what made her get started with decorating she said “My Mom always loved the holidays and would decorate as much as possible when we were growing up. Halloween was always her favorite and we would decorate more than most people so it's just always been that way. It's something she always loved and I asked her this evening if she got that passion from anyone else and she said no it started with her! My two sisters also decorate so you can say we are continuing on the tradition although I'm the one who loves it the most and does the biggest display. Although it's technically my thing, my kids also love decorating and it has really grown on Dallas! He has already started talking about the different things we can do when the kids are older! I couldn't do it without him. I have metal rods and screws in my back so it's really hard for me to do much bending so I rely on him and the kids a lot!!”

Thank you Colleen and Dallas for all of your hard work turning your yard into something spectacular for all of us here in Sarcee Meadows and neighboring communities to stop by and enjoy. Your displays are building community by bringing us all together to enjoy them. Decorating for the holidays is obviously a labor of love for your family and it's so cool that your kids are also so involved in helping out.

Watch for Colleen and Dallas' home to transform into a Winter Wonderland in the upcoming months.









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## **RECIPE:**

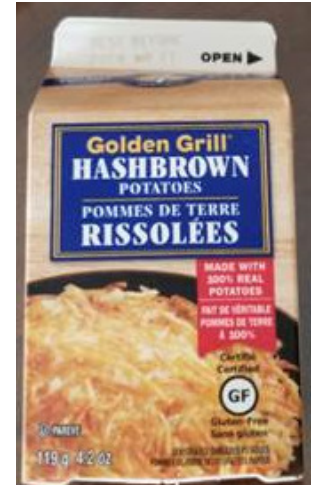
### **Cheesy Hash Brown Casserole**

Submitted by Kathy Aubichon

Looking for a quick and easy casserole? Dehydrated hash browns from Costco are easy to make and they are delicious, not to mention versatile. Thank you Carol Davis for sharing this recipe with me.

#### **Ingredients**

- 2 boxes dehydrated hash browns
- 1 stick unsalted butter or non-stick spray
- 2 tbsp olive oil
- 1 cup yellow onion, chopped
- 1 cup celery chopped
- 1 clove garlic, minced
- 1 can Cream of Cheddar soup (10.5 oz.) or you can substitute any soup i.e. cream of bacon, cream of chicken
- 8 oz shredded cheese (mozzarella, cheddar or blend)
- 1 tsp salt
- 1 tsp black pepper
- 1 cup sour cream
- 1 tbsp chives, dried (optional)



#### **Instructions**

- Preheat oven to 350 degrees and coat a 9" x 11" baking dish with butter or non-stick spray
- In a small pan heat olive oil and add onion, celery and garlic. Stir occasionally until translucent about 5 minutes
- Prepare the dehydrated hash browns by adding hot water to the fill line on the cartons of potatoes. Let sit for 12 minutes. Drain any excess water.
- In a large bowl add the rehydrated hash browns, sautéed onions, garlic, celery, can of soup, some of the shredded cheese, salt, pepper, sour cream and chives and mix well
- Pour mixture into your prepared baking pan and smooth out
- Sprinkle remaining cheese evenly all over the top of the potato mixture
- Cover with lid of baking dish or tin foil
- Bake for 40 minutes at 350
- Remove lid / foil and continue baking for 10 minutes until cheese gets hot and bubbly
- Remove from oven and let cool for 10 minutes



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## ◆Classifieds◆

*Disclaimer: Any ads placed in this newsletter are not to be considered as an endorsement by Sarcee Meadows Housing Co-operative Ltd. but are for information only.*

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### **For Sale:**

Twin Bed: has 3 drawers, detachable head board, colour is medium oak (stop by office to see photos)  
\$40.00 for both pieces

Call Marianne at 403-229-3346

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### **Healing Intentions:**

Psychic/Medium

Card Readings

Book a party

Call Shelly: 403-660-2045

Energy/Crystal healings

Other Services available

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### **Knitted Dish Cloths For Sale:**

Assorted colours and patterns. \$2.00 each or 3 for \$5.00.

Call Tricia: 403-242-0048



### **House Cleaning:**

I have over 15 years' experience and I'm available for all your cleaning needs; organizing your home or helping with small tasks on a weekly, biweekly or monthly basis. \$25.00 per hour includes all products needed for cleaning.

Contact: Monika 403-920-0920 or email: [cleanandshine28@gmail.com](mailto:cleanandshine28@gmail.com)

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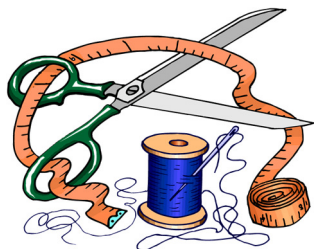
### **Straightline Painting:**

Residential painter, competitive prices, 30 years' experience. Used by SMHC

Call Peter: 403-998-5179



### **Moments Fashion Solutions**



- Need Alterations?
- Italian Leather Products
- Baby Boots

Contact Marzena - 403-397-3779

[www.momentsfashion.com](http://www.momentsfashion.com)

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## **Ladies & Girls only Swimming Session**

**Organized By**

**ICNA Sisters Calgary**

Golden opportunity for ladies & girls to learn swimming from female instructors with no men around. Covers are on all of the windows looking into pool area. Confirm your spot by contacting Farha Fatima (Contact information given below).



**Steam-room, Hot tub, Aqua size**



**Plenty of FREE Parking**

**Where: Killarney Aquatic & Recreation Center**

**1919 – 29<sup>th</sup> Street SW, Calgary**

**When: Every Saturday**

**(First session starts on February 24th, 2018)**

**Who: Open to ladies & girls of all ages**

**Time: 5:00 pm to 7:00 pm**

**Rate: \$8 - swim only**

**\$12 - with instructor, - Pay in advance**

**Contact: Farha Fatima**

**Phone: 403-969-9648**

**Email: farha1\_khan@yahoo.com**



ICNA Sisters Canada  
Islamic Circle of North America



# ForMe Pharmacy Bridgeland

103 736 1st Ave NE, Calgary, T2E 0B8

Phone: 403-930-7905 Fax: 403-930-7906

## Sarcee Meadows Housing Co-operative Member, H Block

- Free home delivery
- Blister pack services
- Prescribing pharmacist available
- Injection Services including flu shots, shingles, pneumonia and travel vaccines
- Smoking cessation
- Attached clinic to pharmacy where walk-in patients are accepted
- All Insurance plans covered (Govt., private) with direct billing

## Hours of Operation

Monday to Thursday 9:00 AM to 5:30 PM	Friday 9 AM to 12:15 PM / 1:15 PM to 5:30 PM	Sat 10:00 AM to 2:00 PM
Contact: Mohammed Shujaiddin (Pharmacy Manager / Owner) Email: formepharmacy@outlook.com		

**CALENDAR:**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>November 11</b> Remembrance Day	<b>12</b> Shop and office closed in lieu of Remembrance Day	<b>13</b> Environment @ 7:00	<b>14</b> Property Enhancement @ 7:00	<b>15</b> Membership @ 7:00	<b>16</b>	<b>17</b> Winter Social @ Rutland Hall
<b>18</b>	<b>19</b> Finance @ 7:00	<b>20</b>	<b>21</b> Personnel @ 7:00	<b>22</b> Cannabis Town Hall Meeting @ Rutland Hall	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b> Youth Involvement Town Hall Meeting @ Rutland Hall	<b>27</b>	<b>28</b> Board Meeting @ 6:45	<b>29</b>	<b>30</b>	<b>December 1</b>
<b>2</b>	<b>3</b> Newsletter @ 7:00	<b>4</b>	<b>5</b> Property Maintenance @ 7:00	<b>6</b> Elections @ 10:00 am Entertainment @ 7:00	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> CSI @ 1:30 Property Enhancement @ 7:00	<b>13</b> Membership @ 7:00	<b>14</b>	<b>15</b>
<b>16</b>	<b>17</b> Joint Board / Finance Meeting	<b>18</b>	<b>19</b> Board Meeting @ 6:45	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b> Shop and office closed for Christmas Eve	<b>25</b> Shop and office closed for Christmas Day	<b>26</b> Shop and office closed for Boxing Day	<b>27</b>	<b>28</b>	<b>29</b>
<b>30</b>	<b>31</b> Shop and office closed at 12:00pm (noon) for New Year's Eve	<b>January 1</b> Shop and office closed for New Year's Day	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>



## **COMMITTEE CONTACTS: 2018 – 2019:**

### **C.S.I. (Co-op Seniors Interests)**

Chair: Lucille Ranchuk

Board Liaison: Isabell Reznik

### **Education and Involvement**

Chair: Judy Silzer

Board Liaison: Helen Serrurier

### **Elections**

Chair: Marie Forester

### **Entertainment and Social Events**

Chair: Sandy Christensen

Board Liaison: Jenn Jenkinson

### **Environment**

Chair: Russ Chandler

Board Liaison: John Preston

### **Finance**

Chair: Maria Brogowski

Board Liaison: John Preston (Treasurer)

### **Grievance & Resolution**

Chair: Georgia Gardiner

### **Honours and Awards**

Chair: Audrey Templeton

Board Liaison: Joanne Mick

### **Membership**

Chair: Sandy Christensen

Board Liaison: Isabel Ciok

### **Newsletter**

Chair: Kim Spence / Sonya Nadon

Board Liaison: Isabell Reznik

### **Personnel**

Chair:

Board Liaison: Kelly Edwards

### **Property Maintenance**

Chair:

Board Liaison: Mike Cooper

### **Property Enhancement** (includes Parking and Security)

Chair: Wayne McAdam

Board Liaison: Helen Serrurier

Committees can be contacted by calling the office at 403-246-2746 Ext. 102 or emailing [janine@sarceemeadows.coop](mailto:janine@sarceemeadows.coop)

### **After Hours Emergency Maintenance:**

In the event of an emergency maintenance situation after hours please call the Emergency Maintenance Cell Phone at:

**403-813-2783**

