

# Connections Newsletter

*February 2019*

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## **BOARD OF DIRECTOR'S REPORT:**

Greetings. Can you believe it is already mid-February? Isn't it great that the days are getting noticeably longer? We still do have icy sidewalks and likely will for a while, so please do take care. By the time you receive this staff will have moved back to B50 and we will have had our AGM.

It was great to see you all at the meeting. We had 153 households represented. We unfortunately did not have any candidates for the Board election. This did help lead to a productive discussion about volunteering for the Board and Committees. Your participation in that discussion was much appreciated. We have noted your comments. The Board will meet Feb. 12<sup>th</sup> and we will set plans in action for another election. You will be hearing from us very soon.

I found this quote that reflects the committed volunteers we have in Sarcee Meadows: *"Volunteers do not necessarily have the time; they just have the heart."* – Elizabeth Andrew. Thank you to them and those of you considering volunteering.

Update: We had some challenges completing the capital plan that we were working on last year when our engineer left IRC Group. IRC is the company we have the contract with. We are happy to report that IRC has since assigned a new engineer. He is already actively engaged in our file and with staff. The Board and Staff representatives will meet with him at the end of February. Hopefully we are only months away from completing our capital plan. *To learn more about IRC Group visit their website at <http://www.ircgroupp.com/en>*

Thanks for reading all the way to here. ☺ Enjoy the remainder of winter.

Respectively submitted by Joanne Mick on behalf of the Board.



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## **GENERAL MANAGER'S REPORT:**

*(It's Miller Time!)*

### **Office/Shop**

We are very happy to be back at B50! It looks great and once the dust settles we will have an open house for Members to come see the changes.

There have been some changes in the shop, some of you may know that Wayne Cirrullo is now responsible for inspections and is working on unit inspections to update the inventory database. This job change left our carpentry department short, through an interview/selection process it was decided that Jeff Leitch was the best candidate to step into this role. You will see Eric and Jeff working together on kitchens, drywall repair, doors and many other tasks around SMHC. **Congratulations Jeff!**

### **SMHC Roofing**

As you all know roofing is one of the high priority items that has come up from the building condition assessment. Some members have questioned this because the roofing was done starting in 2001 and these roofs were supposed to last for the lifetime of the buildings. Unfortunately there have been some issues with the installation, around gutters and level changes that are causing a much shorter lifespan. These issues include but are not limited to: water getting under the shingles and running through buildings, rotting wood, popping screws, and nails/screws from old roof shingles are wearing holes in the metal shingles. SMHC has looked at having Interlock address these problems and we will be looking into it again. Stay tuned for updates.

### **General**

I hope you all have a wonderful Valentine's Day and Family day with your loved ones.

Thank you,

Roberta Miller

General Manager

**Happy Family Day!**



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# ◆Committee Reports◆

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## ELECTIONS COMMITTEE:

### WORKING TOGETHER – Election 2019 Update

Although our Annual General Meeting elections did not go as planned, [our two candidates regrettably withdrew nominations before the evening], we first want to thank Janine and our office staff for their help in preparation and in helping us make sure everything was ready to go.

Thank YOU!

While this development leaves us with another election process to happen soon, the membership discussion, afterwards at the meeting on January 30th, elicited some very helpful and thoughtful ideas and suggestions.

Thank YOU!

Quite simply – we need more SMHC members, now more than ever, to come forward and serve on the Board of Directors. We know that some of you have been on the verge of accepting candidacy for a while and now ... is the time!

Once the new board has finally been formed this year, continued talk about providing the supports, looking at the times, breaking down the work and trying some of the new considerations can begin!

*“The season of failure is the best time for sowing the seeds of success.”* – Paramahansa Yogananda

*“You may have a fresh start any moment you choose, for this thing that we call 'failure' is not the falling down, but the staying down.”* – Mary Pickford

*“Fall seven times, stand up eight.”* – Japanese Proverb

When the new notice of election arrives in your mailbox – please respond – positively!

Thank YOU!

And just as importantly, we cannot forget that at the end of the evening, we were all able to thank two retiring and two resigning board members for THEIR good work!

Jennifer Jenkinson, Isabell Reznik, Kathy Aubichon, and Dean Putman.

Thank YOU!

In spite of any and all drawbacks to the position of Director it was so encouraging to hear from many people, many, many times that night – that all things being said, SERVING, was one of the greatest learning experiences of their lives!!!

Thank YOU!



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## **ENTERTAINMENT & SOCIAL EVENTS COMMITTEE:**

Captain's Log, Star Date 2019.63 ...

Saturday, March 9<sup>th</sup> will be an out of this world galactic evening of entertainment.

We are celebrating all the fabulous volunteers that keep Sarcee Meadows moving forward with the Volunteer Appreciation Dinner. The theme will be a futuristic/space themed dinner, murder mystery and photo booth. We are encouraging futuristic or metallic/shiny costumes or dress – boldly go where no one has gone before.

Invitations will be arriving soon! Please RSVP and put it in your calendar!

(Confirmed attendance is important for planning and budgeting purposes)

This evening is all about you, the volunteer, so please join us as we celebrate the great work you do and look towards the bright future ahead for Sarcee Meadows.

See you on March 9th!



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## **NEWSLETTER COMMITTEE:**

The Newsletter Committee is excited to have gone to final print on our 50th Anniversary Edition. We are very proud of this edition and hope that everyone is enjoying this look down memory lane and all the wonderful stories that were shared.

As we move into our 51<sup>st</sup> year we really want to focus on our youth and the future of Sarcee Meadows. Our next contest is all about our youth and their "Dreams for the Future". We are asking all young members, ages 0-30, to write a poem or story, or submit a drawing that tells us all about their visions for themselves and how they would like to see Sarcee Meadows evolve. We have four different age categories, each with a \$25.00 prize: 0-6, 7-12, 13-17, and 18-30.

The youth is the future and we really want to hear from everyone. Please get out your writing and colouring tools and send us your thoughts. Deadline for submissions is March 4<sup>th</sup>, 2019. The entry form can be found at the end of this issue of Connections.

### **Special Thank you:**

Our special thanks to Isabell Reznik who has been the Board of Directors Liaison for the Newsletter Committee. Isabell has given us not only reports from the Board but has also given many suggestions and ideas that have been used in the Connections Newsletter.

Thank you Isabell!

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## **FINANCE COMMITTEE:**

Change in Procedures – Any purchases under \$50.00 made at the office (i.e. lightbulbs, batteries, etc.) must be paid by debit or authorized to be paid by automatic withdrawal immediately at the time of purchase.



## **FINANCIAL STATEMENTS:**

<b><u>Sarcee Meadows Housing Co-operative Ltd.</u></b>			
<b><u>Financial Statements - Summary</u></b>			
<b><u>as at October 31, 2018 Post Audit</u></b>			
<b><u>Balance Sheet</u></b>			
<b><u>Assets</u></b>			
Funds on Deposit	\$ 2,976,517.89		
Other Assets	\$ 1,654,162.25		
<b>TOTAL ASSETS</b>		<b>\$ 4,630,680.14</b>	
<b><u>Liabilities - current</u></b>			
Long Term Liabilities	\$ 937,383.45		
<b>Total Liabilities</b>		<b>\$ 937,383.45</b>	
<b><u>Reserve funds</u></b>			
Housing Charge Assistance	\$ 215,721.63		
Replacement Reserves	\$ 2,430,189.74		
<b>Total Reserves</b>		<b>\$ 2,645,911.37</b>	
Retained earnings + current deficit		\$ 1,047,385.32	
<b>Total Liabilities, Reserves, Member Equity</b>		<b>\$ 4,630,680.14</b>	
<b><u>Income Statement (for 12 months - November 1, 2017 to October 31, 2018)</u></b>			
	<b>Actual</b>	<b>Budget</b>	<b>% of Budget</b>
Revenue from Housing Charges	\$ 3,901,212.00	\$ 3,901,212.00	100%
All other income	\$ 98,535.23	\$ 167,430.00	59%
<b>Total Revenue</b>	<b>\$ 3,999,747.23</b>	<b>\$ 4,068,642.00</b>	<b>98%</b>
<b><u>Expenses</u></b>			
Total Insurance & Property Taxes	\$ 631,262.21	\$ 650,265.00	97%
Total Utilities	\$ 956,341.71	\$ 877,192.00	109%
Total Routine Maintenance Costs	\$ 570,128.93	\$ 599,500.00	95%
Total Personnel and Payroll Costs	\$ 823,516.00	\$ 846,650.00	97%
Total Administration Costs	\$ 57,616.68	\$ 69,202.00	83%
Total Democratic Functioning	\$ 138,683.48	\$ 151,900.00	91%
Total Reserve Savings	\$ 869,800.00	\$ 869,800.00	100%
<b>Total Expenses</b>	<b>\$ 4,047,349.01</b>	<b>\$ 4,064,509.00</b>	<b>100%</b>
<b>Net deficit for twelve months</b>	<b>-\$ 47,601.78</b>	<b>\$ 4,133.00</b>	

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## ◆Community News◆

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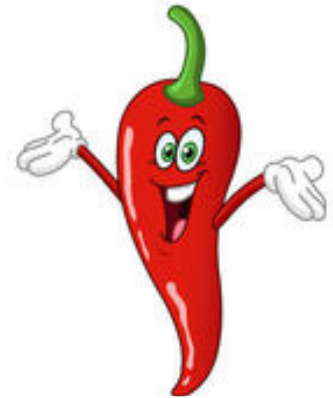


### Annual Rutland Park, Currie Barracks, and Lincoln Park Chili Cook-off!

Think you have what it takes to win the coveted RPCA Chili Championship? Then put your Chili up to the test! Bring in a crock pot full of your finest (dress it up a little too if you want) and pit it against your fellow neighbour in the year's foremost culinary cook off!

**Saturday, February 23<sup>th</sup>, 2019**  
**3:00 to 6:00 pm**

Show off your cooking skills!  
Challenge your friends to submit a chili too!  
Bring your family and friends!  
Win Prizes!  
Have Fun!



Prizes for best overall chilli, spiciest, vegetarian, and original presentation.

If you are not the cooking type, bring your empty tummy and an open mind and help judge this year's contenders.

Make sure to drop off your entry off by 2:45, judging will begin at 3:30 pm and end at 5:00 pm. Winners will be announced around 5:30.

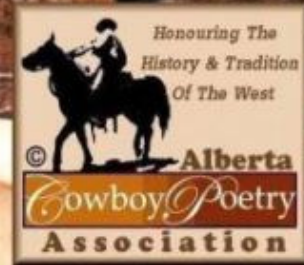
**Admission is free with chili submission OR \$2.00 per person (including children over 5)**

Refreshments will be provided, and a cash bar will be available.

Please visit the Rutland Park Community Association Facebook page for more details or email [socialevents@rutlandparkcommunity.com](mailto:socialevents@rutlandparkcommunity.com).

\*Event is open to all Rutland Park Community Association members and their friends and family. Memberships can be purchased at [www.rutlandparkcommunity.com](http://www.rutlandparkcommunity.com) or at the door. (Individual \$5 per year/ family \$15 per year)





THE ALBERTA COWBOY POETRY ASSOCIATION

*together with the*

WILD WILD WEST EVENT CENTRE

*Proudly Present*

**A Showcase of Authentic Western Cowboy  
Music & Poetry**

**Friday, April 12th, 2019 at 7:00 p.m.**

**Featuring the finest Cowboy Poets and Western Balladeers**

*(A preview to the annual fall Trail's End festival. Hosted by  
the Wild Wild West Event Centre September 20-22, 2019)*

**FEATURED PERFORMERS**

**POETS:**

Phyllis Rathwell  
Bj Smith  
Jesse Colt /  
Leanne Lightfoot



MC: Mr. Robbie Robertson

**MUSICIANS:**

Charlie Ewing  
Perry Jacobson  
Chris Schauer

**SHOW TICKETS:**

**\$20.00**

**PURCHASE TICKETS ON LINE:**

[www.eventbrite.ca/e/alberta-cowboy-poets-spring-preview-tickets-54472149666](http://www.eventbrite.ca/e/alberta-cowboy-poets-spring-preview-tickets-54472149666)

or contact:

Bj Smith: 403-317-4918  
[bj@bjsmith.ca](mailto:bj@bjsmith.ca)

Dinner by reservation and  
cash bar available at a  
separate fee.

Located minutes west of Calgary beside Calloway Park on the Trans Canada Highway.







## 2019 Immigrants of Distinction Awards Finalists

### FOR IMMEDIATE RELEASE

Calgary, Alberta – February 4, 2019: Immigrant Services Calgary (ISC) is pleased to announce the finalists for the 23<sup>rd</sup> Annual Immigrants of Distinction Awards.

The Immigrants of Distinction Awards (IDA) honours the exceptional contributions and achievements of Calgary's immigrants and refugees. The theme for the 23<sup>rd</sup> Annual Immigrants of Distinction Awards *'Immigration - Building Canada's Prosperity'* aims to recognize inspirational immigrants and refugees in our nation's ever-expanding mosaic of ethnicities, languages, cultures and talents that have come together to create a strong and prosperous Canada. This year the Awards will be hosted at the dazzling Bella Concert Hall, Calgary on March 15, 2019.

The 2019 Immigrants of Distinction Awards finalists are as follows:

- **Achievement Under 35:** Hyunmin Jung, Aishwarya Khanduja, Oluseyi Smith
- **Arts and Culture:** Roma Thakore, Wilmer Aburto, Sisay Shimeles
- **Community Service:** Victorino Lantion, Jean Claude Munyezamu, Toko Ishikawa
- **Entrepreneurship and Innovation:** Nancy Nasr, Dr. Sreekumar Menon, Amy Giang
- **Lifetime Achievement:** Dr. Adriana Fishta-Bejko, Dr. Mauricio Monroy-Cuadros, Madeleine King
- **Organizational Diversity:** Norfolk Housing Association, Canadian Western Bank, Tower Cleaners
- **Youth Scholarships:** Arijit Lodha, Claire Du, Nihal Potdar, Riri Jiang, Jadé Olayinka

These inspirational finalists showcase a broad range of incredible talents and achievements and we are thrilled to recognize their exemplary contributions to the Calgary community.

Tickets are available for purchase online at [www.immigrantsofdistinction.com](http://www.immigrantsofdistinction.com). Early Bird tickets at \$130 will be available until February 1<sup>st</sup> and afterwards tickets will be sold at the regular price of \$150.

**ABOUT IMMIGRANT SERVICES CALGARY:** ISC is a comprehensive settlement and integration agency that provides a wide range of programs and services to Calgary's immigrant and refugee population. We are committed to supporting immigrants and refugees to achieve successful economic, social and cultural integration and become valued contributors to Canadian society.

**For additional information, please contact:**

Amber Teskey  
Coordinator of Communications & Marketing  
[AmberT@immigrantservicescalgary.ca](mailto:AmberT@immigrantservicescalgary.ca)  
Tel: 403.538.8382

ISC website: <http://immigrantservicescalgary.ca>  
IDA website: <http://www.immigrantsofdistinction.com>



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# ◆Human Interest◆

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*This section is a great place for you to share with your neighbours and your community. We welcome any submissions that may celebrate Personal Accomplishments and/or Personal Milestones such as Births, Birthdays, Weddings, and Anniversaries. It is also a great way to send out Thank You Messages, notes of praise on a job well done, announcements, or any other tidbits that you'd like to share! Submissions can be emailed to [janine@sarceemeadows.coop](mailto:janine@sarceemeadows.coop) or dropped off at the office to the attention of the Newsletter Committee.*

*Submissions to this section are the opinion of the author[s] and do not reflect the opinions of the Board of Directors or the members of Sarcee Meadows Housing Co-operative Ltd.*

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## **Why do I volunteer???**

*Submitted by Arlene Floyd*

I was asked by the Education and Involvement committee to write about why I volunteer. I was in the middle of writing this article when I attended the member's meeting where this subject was discussed. My family moved into Sarcee Meadows around 1985 and with three young children. I didn't think I would have the time to volunteer but after one month I decided to volunteer as I felt it would be a way of me understanding how Sarcee Meadows runs. I first joined the Finance committee as that was my expertise and from there went on to Board of Directors, Personnel, Involvement, Social, back to the Board, then on to Education and Involvement. I have gained great experiences, great friendships and also feel I have contributed to the success of Sarcee Meadows through learning and teaching in all these committees.



As I grew as a volunteer not only in Sarcee Meadows but also in the community I realized that my children were taking my experiences as a volunteer into their lives. I found them volunteering for activities in the community and schools. As they grew older and moved out they continued volunteering with Board of directors, volunteering at schools, Brownies, Guides, Scouts and coaching sports.

I feel that had I not volunteered my children and now my grandchildren would not have the incentive to volunteer and would be missing an important part of life of helping and teaching others.

I encourage all members of Sarcee Meadows to volunteer or help in any way you can. Just call the office or any committee to see what you can do to make Sarcee Meadows a better place to live.

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## **OPEN LETTER TO THE SMHC MEMBERSHIP:**

Sarcee Meadows has been my home for just over 28 years. I have served on several different committees and been elected by my fellow members to 3 different 3 year terms over those years. Never have I considered that time spent volunteering for SMHC to be time wasted at all. In fact, for all that I gave to the co-op, I most firmly believe I received back just as much in the precious gifts of experience, self-confidence, friendships and learning opportunities which I may never have benefitted from had I not volunteered.

Last Wednesday at the AGM where we annually review the audited financial statements for the year just completed and re-elect new members to serve as directors to fill any vacancies something occurred that I had never before seen in the 28 years I've been here. Since last summer when Dean Putnam had resigned his position as director we went forward with a board of only nine directors which we are found to be a good workable number. Prior to the January meeting we still felt confident that members would step forward to run for the two positions that would be available when two of our remaining nine reached the end of their term.

It was most disappointing when the only two candidates that came forward found they had to withdraw their applications to serve at this time. We all most certainly understand that personal issues come up

and that must take precedence over community involvement so we find no fault here with those individual decisions. The membership was also dealt another unexpected disappointment when one of the remaining 7 directors also stepped down on Wednesday evening.

This has left not merely the board in a difficult position but the entire co-operative is in a rather tenuous juncture in its history. After the AGM is concluded each year it is one of the duties of the Co-operative to report to Service Alberta's Director of Co-operatives and file details of the newly elected Directors. Our bylaws currently state that the number of directors should not be less than 9 nor exceed 13. That may create some questions in the minds of the Director of Co-operatives office as we will only be reporting on a now reduced board of only 6 Directors.

The answer to this conundrum for Sarcee Meadows is for the Co-op to hold another election at the earliest possible date and hopefully fill 3 positions to return our working board to 9 directors. Therefore, the answers lie with all of you. Living in the co-op is very special; we all share in the enjoyment of a very attractive housing charge, comfortable homes and an ongoing co-operative spirit to maintain and improve those homes for our collective future. Since we are collectively and co-operatively together the owners of one of the largest housing co-operatives in the nation and can be justly proud of our first 50 years of successes and accomplishments, we need to keep that pride and the energy moving forward into the next 50 years.

So as I am now Past Chair, being one of the two whose term expired in January 2019, I would like to challenge some of you to very seriously considering stepping up and running for one of the three positions your board currently has vacant and doing your part with this wonderful group of six directors to keep SMHC on track for us all. You will not be sorry you did as you will find so many personal rewards of friendships, accomplishments, learning opportunities and fellowship in a common cause to go hand in hand with your gift of time and energy to your community.

If you have questions about what it entails to be a director please get in touch with the office, the Elections Committee or even myself as I can speak first hand to the joys and rewards as well as the responsibilities of being on the board.

Respectfully,

Jenn Jenkinson

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## **◆Education◆**

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### **Get Your Taxes Done for Free at Kerby Centre**

You are invited to our FREE Tax Clinic - We will do your Income Tax For Free!

### **You don't need to be a Kerby Centre Member**

### **Tax clinic now booking appointments**

Kerby Centre income tax volunteers are available to help fill in tax returns for individuals who are **either** disabled (currently receiving AISH income) or 55 years and over, this includes filing a Deceased Tax Return.

Every year, the Kerby Centre tax clinic offers free assistance to low income individuals filing personal tax returns, as required by Canada Revenue Agency.

Even if you do not earn an income, or if you do not pay tax, it is absolutely essential that you file your tax return. This will ensure your eligibility for the Goods and Services Tax (GST) and Carbon Tax rebate

and if you receive the Guaranteed Income Supplement (GIS) and Alberta Seniors Benefit (ASB), filing your tax return will ensure that these supplements are continued.

The income limit for this service is:

\$30,000 per year for single or

\$45,000 per year for a couple (combined income)

The Kerby Centre will begin booking from February 1st, 2019. The tax clinic will begin March 4, 2019 and fills up fast so book your appointment early.

To schedule an appointment please call the Information Office at 403-705-3246

Kerby Centre 1133 – 7th Avenue SW, Calgary, T2P 1B2

See Page 20 of the January 2019 Kerby News for more information or online at:

[https://issuu.com/kerbycentre/docs/knjan19\\_web/18](https://issuu.com/kerbycentre/docs/knjan19_web/18)

**Your necessary documents may include:**

- A copy of your income tax from last year if not prepared at the Kerby Centre and your Notice of Assessment
- All reporting slips (T-slips) for each type of income you receive
- Details and amounts of any foreign incomes (including foreign pensions, social security, interest or dividends)
- Details of any deductible items that you may be eligible to claim: medical (yearly printouts from Pharmacy) for prescriptions, services and medical devices, premiums to private medical plans, bus passes, charitable donations etc.
- Records of any tax installments paid for 2018.
- Void cheque (if you are not already set up for Direct Deposit with CRA)

If you are unsure of what you should bring, please discuss this with Kerby Centre when making your appointment.

Unfortunately, Kerby Centre is unable to provide a tax service at home. Low-income individuals, who are unable to leave home, can get volunteer assistance from Canada Revenue Agency. To access this service, or for any general inquiries, the CRA can be contacted on: 1-800-959-8281.

<b>I am and have the following</b>	<b>If any of the following apply, you are <u>unable</u> to access the Tax clinic</b>
Over the age of 55 or receiving AISH Income for a single person is less than \$30,000 or for a couple, less than \$45,000 Tax return is simple and includes any of the following: <ul style="list-style-type: none"><li>• Simple income: CPP, OAS, GIS, ASB, Alberta Works Support Income, AISH, CPPD</li><li>• Rental Income with all deductible expenses totaled and categorized</li><li>• Deceased person's taxes if they are simple</li></ul>	Under the age of 55 Income for a single person is more than \$30,000 or for a couple, more than \$45,000 Tax return is complicated and includes any of the following: <ul style="list-style-type: none"><li>• Business Income, Farm Income, Capital Gains Trade Summaries</li><li>• Estate tax returns or bankruptcy returns</li><li>• Deceased persons taxes if they are complicated</li></ul>



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Dear friends

City of Calgary operates two stores that many of you are not aware of.  
They are “Surplus Stores”.

**Manchester Store:**

Open to the public every Tuesday at 8:00 am – noon and 1:00 pm – 3:00 pm

In this store you will be able to find such items as:  
Computers & laptops, bicycles, jewellery, cameras, instruments and  
many other items of a high quality and at an amazing price.

Below, you will find links to the:

Sales Catalogue  
Address of the store  
Contact information  
Manchester Surplus store Map

Perfect time to stop by and check things out. You might be able to buy  
incredible gifts without breaking your wallet.

For more information, please click on the links below:

<https://surplus.calgary.ca>

**The furniture surplus store:**

<http://www.calgary.ca/CS/CPB/Pages/Projects-and-initiatives/Surplus-furniture-sale/Surplus-Furniture-Sale-Items.aspx>

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## Children & Youth Programs - Bursary Information

SAIT Youth Initiatives offers a unique blend of programs to students entering grades 1-12. Known for its non-traditional offerings, and hands on learning environment students are able to explore their passions in a variety of different fields including; trades, engineering, hospitality, technology, business, science, and sports.

SAIT recognizes that financial challenges can impact a child's ability to explore their interests in any of these fields. Sait has bursaries available to families based on financial need. One bursary will cover the cost of participating in a one week summer camp or one evening youth program, for one child. Families who have multiple children are able to apply for one bursary per child. There are separate bursaries available to both Sait Summer Camps Programs, PD Camps and our Evening Youth Programs.

### SAIT PD & Summer Camps

- Based on financial need
- 1 day or 1 week program
- 1 per child

### Evening Youth Program

- Based on financial need
- 8 week program
- 1 per child

#### **Applications are now being accepted.**

Find out more at [www.sait.ca/summercamps](http://www.sait.ca/summercamps)

Phone: 403.210.5650

Email: [summer.camps@sait.ca](mailto:summer.camps@sait.ca)

[sait.ca](http://sait.ca)

"I've learned so much in these past few days and had a really good time!"

- Camper, Grade 5

"The excitement and learnings they have come home with each day has made the summer extra special for us all"

- Parent

"I learned that I have a lot of potential for working, designing, and creating new technologies in the energy field that could change the way everyone looks at the world."

-Camper, Grade 9



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## ◆Classifieds◆


*Disclaimer: Any ads placed in this newsletter are not to be considered as an endorsement by Sarcee Meadows Housing Co-operative Ltd. but are for information only.*

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First 5 Days of  
Dog Walking Free\*

\*When you sign up for 3 or more walks per week after that





**Trail Bound Hounds**  
Dog Walking and Pet Services

403.727.5858  
trailboundhoundsyc@gmail.com  
trailboundhounds.com

Come Join our Pack Today!



**Hair Passion**  
4604 37 St SW, Calgary, AB T3E 3C9  
(403) 246-1620

Andy Luu at Hair Passion has been serving this community proudly for over 20 years; he is also very good friends with Dallas from Green Dream Landscapes. Andy has many long time clients from Sarcee Meadows and speaks very highly of them to Dallas. Andy loves Sarcee Meadows for the type of people that live here and would love to serve more clients from here.

Therefore Andy is offering a 10% first time discount to all Sarcee Meadows members (both male and female) who mention both Sarcee Meadows and Dallas from Green Dream as a reference!

He also has great senior's discounts in place as well.



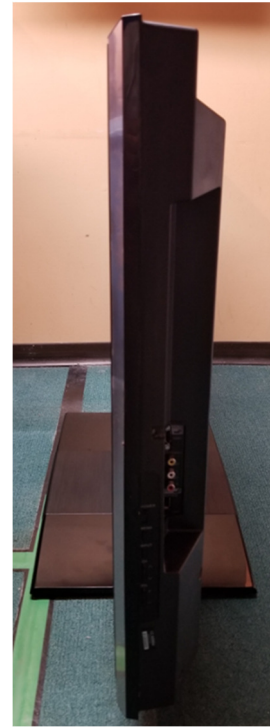
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## **For Sale:**

For Sale - SHARP AQUOS 42 inch 1080p 120Hz LCD HDTV

**\$210 or best offer**

Kathy Aubichon – 403-629-0400 or [kaubicho@shaw.ca](mailto:kaubicho@shaw.ca)



Model LC-42D85U, used, in perfect working condition

Display - Screen Size (Diagonal) 42"

Aspect Ratio 16:9

Pixel Resolution 1920 x 1080

Brightness 450cd/m<sup>2</sup>

Contrast Ratio 10,000:1 (Dynamic), 2,000:1 (Native)

Response Time 4ms

Viewing Angle 176°

LCD Sync Rate 120Hz

Video

Video System NTSC

HDTV Compatibility Yes

TV Scan Lines Up to 1080p

TV Tuner NTSC/ATSC/QAM

Cable CARD Slot No

Speaker

Sound Stereo

Power 10W x 2

Orientation Horizontal

Input/Output Connectors

Inputs HDMI x 5, Component x 2, PC x 1, S-Video x 1, Composite x 1, RF x 1

Outputs Optical Digital Audio x 1, Stereo RCA x 1

Control Port RS-232C

Convenience

Picture in Picture (PIP) No

Digital Media Slot None

Menu Language English/French/Spanish

Remote Control Yes

Tilt/Swivel Range None

Wall Mountable Yes

Power

Power Requirements 120VAC

Energy Star Compliant Yes

General

Dimensions (WxHxD) TV Only: 40.14 x 25.53 x 3.78" (1019.6 x 648.5 x 96mm)

Cabinet Color Piano Black



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### **Healing Intentions:**

Psychic/Medium

Card Readings

Book a party

Call Shelly: 403-660-2045

Energy/Crystal healings

Other Services available

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### **Knitted Dish Cloths For Sale:**

Assorted colours and patterns. \$2.00 each or 3 for \$5.00.

Call Tricia: 403-242-0048



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### **House Cleaning:**



I have over 15 years' experience and I'm available for all your cleaning needs; organizing your home or helping with small tasks on a weekly, biweekly or monthly basis. \$25.00 per hour includes all products needed for cleaning.

Contact: Monika 403-920-0920 or email: [cleanandshine28@gmail.com](mailto:cleanandshine28@gmail.com)

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### **Straightline Painting:**

Residential painter, competitive prices, 30 years' experience. Used by SMHC

Call Peter: 403-998-5179



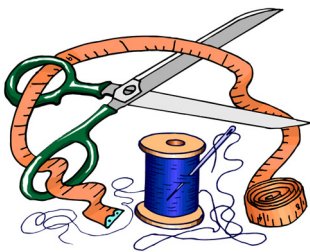
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### **Moments Fashion Solutions**

- Need Alterations?
- Italian Leather Products
- Baby Boots

Contact Marzena - 403-397-3779

[www.momentsfashion.com](http://www.momentsfashion.com)



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### **Knife Sharpening**

\$5.00 per knife

Bill (D251) 403-875-4096

Christmas is around the corner and for some that means lots of cooking and baking. Make sure that your knives are up to the task.



## **Ladies & Girls only Swimming Session**

**Organized By**

**ICNA Sisters Calgary**

Golden opportunity for ladies & girls to learn swimming from female instructors with no men around. Covers are on all of the windows looking into pool area. Confirm your spot by contacting Farha Fatima (Contact information given below).



**Steam-room, Hot tub, Aqua size**



**Plenty of FREE Parking**

**Where: Killarney Aquatic & Recreation Center**

**1919 – 29<sup>th</sup> Street SW, Calgary**

**When: Every Saturday**

**(First session starts on February 24th, 2018)**

**Who: Open to ladies & girls of all ages**

**Time: 5:00 pm to 7:00 pm**

**Rate: \$8 - swim only**

**\$12 - with instructor, - Pay in advance**

**Contact: Farha Fatima**

**Phone: 403-969-9648**

**Email: farha1\_khan@yahoo.com**



ICNA Sisters Canada  
Islamic Circle of North America



**CALENDAR:**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 10	11 Bylaw Taskforce @ 7:00	12 Board Reorg @ 6:30	13 CSI & 1:30 Property Enhancement @ 7:00	14 Membership @ 7:00	15	16
17	18	19 Finance @ 7:00	20 Personnel @ 7:00	21 Education & Involvement @ 7:00	22	23
24	25	26	27 Board Meeting @ 6:45	28	March 1	2
3	4 Newsletter @ 7:00	5	6 Property Maintenance @ 7:00	7 Entertainment @ 7:00	8	9
10	11	12	13 Property Enhancement @ 7:00	14 Membership @ 7:00	15	16
17	18 Finance @ 7:00	19	20 Personnel @ 7:00	21	22	23
24	25	26	27 Board Meeting @ 6:45	28	29	30



## **COMMITTEE CONTACTS: 2018 – 2019:**

### **C.S.I. (Co-op Seniors Interests)**

Chair: Lucille Ranchuk

Board Liaison: Isabell Reznik

### **Education and Involvement**

Chair: Judy Silzer

Board Liaison: Helen Serrurier

### **Elections**

Chair: Marie Forester

### **Entertainment and Social Events**

Chair: Sandy Christensen

Board Liaison: Jenn Jenkinson

### **Environment**

Chair: Russ Chandler

Board Liaison: John Preston

### **Finance**

Chair: Maria Brogowski

Board Liaison: John Preston (Treasurer)

### **Grievance & Resolution**

Chair: Chris Milaney

### **Honours and Awards**

Chair: Audrey Templeton

Board Liaison: Joanne Mick

### **Membership**

Chair: Sandy Christensen

Board Liaison: Isabel Ciok

### **Newsletter**

Chair: Kim Spence / Sonya Nadon

Board Liaison: Isabell Reznik

### **Personnel**

Chair: Mary Emro

Board Liaison: Kelly Edwards

### **Property Maintenance**

Chair: VACANT

Board Liaison: Mike Cooper

### **Property Enhancement** (includes Parking and Security)

Chair: Wayne McAdam

Board Liaison: Helen Serrurier

Committees can be contacted by calling the office at 403-246-2746 Ext. 102 or emailing [janine@sarceemeadows.coop](mailto:janine@sarceemeadows.coop)

### **After Hours Emergency Maintenance:**

In the event of an emergency maintenance situation after hours please call the Emergency Maintenance Cell Phone at:

**403-813-2783**



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# ◆Contest◆

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## Dreams for the Future Contest

As we move into our 51<sup>st</sup> year we are focusing on our youth and the future of Sarcee Meadows. We are asking all young members, ages 0-30, to write a poem or story, or submit a drawing that tells us all about their visions for the future of Sarcee Meadows evolve. The youth is the future and we really want to hear from everyone. Please get out your writing and colouring tools and send us your thoughts. You may use the space provided below or add more paper as needed.

One \$25.00 prize will be awarded in each of these age categories 0-6, 7-12, 13-17, and 18-30. Please drop your entry off at the office (B50) no later than **March 4<sup>th</sup>, 2019**.

**Name:**

**Unit Number:**

**Age:**