

Connections Newsletter

December 2019

BOARD OF DIRECTORS REPORT:

Happy Holidays and Season's Greetings Everyone from your Board of Directors!

As we head into December and many Committees final meetings of 2019, let us stop to reflect a bit on the incredible work we have accomplished and bedrock of plans to come in 2020.

Thank you Everyone for your hard work, understanding, and patience. 2019 has been a year of change. Both new and old and as we move forward, I am reminded that we as a membership are strong.

Despite our differences we are united in the passion we all have for the place we call home.

Let it be shown in helping our neighbours by shovelling their walks or in a silent greeting made between scarved faces and mittened waves.

We are a Community.

I am going to leave you this month with an excerpt from a poem by Edger Guest circa 1940.

In this poem, he tries to express all the greatest qualities he values in friendship in response to one that has shown them to him.

Sentiments I feel are echoed in the many hearts of our membership. All the Best to you and Yours.

**“I'm wishing at this Holiday time
that I could but repay
A portion of the gladness
that you've strewn along the way;
And could I have one wish this year,
this only would it be:
I'd like to be the sort of friend
that you have been to me.”**

Respectfully submitted by Megan Justason on behalf of the SMHC Board of Directors.



IMPORTANT INFORMATION!!!

Effective Monday, December 2nd, 2019, SMHC are implementing a new work order process.

All work orders must be reported by calling the front office only. That is where the work order process will begin, and every work order request will receive a Work Order number which will be provided to the member. SMHC is streamlining the work order process to make the flow more efficient for tracking and monitoring.

Thank you for your cooperation!

◆Committee Reports◆

COOP SENIORS INTERESTS:

The committee would like to thank all those seniors who came out to the Seniors Summer Social in August to help make it another success. The social was held inside B50 this year, as we were concerned about the heat. Next year we are planning on this event to be held in early spring.

Cold winter weather is now upon us, so we ask that everyone be careful when walking on the sidewalks. Don't forget that ice melt is available at the office.

The Coop Seniors Interests Committee would like to extend holiday greetings to one and all and to wish everyone a Merry Christmas and Happy New Year. Best wishes to everyone in Sarcee Meadows for health and happiness in 2020.



EDUCATION & INVOLVEMENT COMMITTEE:

DECEMBER is a busy month with special activities, celebrations and statutory holidays that mean different things to different people.

However, you choose to spend your time, we wish you well. Stay safe, and enjoy time spent with family and friends.

And in 2020, may we all see more peace, prosperity and co-operation --- everywhere.

from the Education and Involvement Committee

ELECTIONS COMMITTEE:

As promised in the last Connections, here is this month's Elections column, written by our guest author, Megan Justason, newly elected Board of Directors member.

We know that you'll enjoy her firsthand insights as much as we did and take to heart her invitation to run in the January 2020 Elections. You'll be joining Megan and the rest of the board in their important volunteer work on our behalf!

[Applications are in your mailboxes or at B50 awaiting completion by December 20th.]

Greetings Everyone!

Hope Everyone is staying warm --- it would appear Winter has decided to stay for a little bit!

I am writing to you folks today to share a little bit about my short (but very eventful) stint as a Director on our Board here at Sarcee Meadows.

And to answer the very important question ... "Would you step forward again, if given another chance?"

First off, know that I was incredibly scared, intimidated, terrified, felt not good enough, non-experienced, petrified, worried, self-conscious, and very out of my element. I love our community here, but me help run the whole show? Heck No!

My family and I have lived here the better part of 7 years and I think I had half-started my application at least once every election. It was not until Jenn Jenkinson made her speech at the end of last year's January Members' meeting that I looked at the job as Director in a different light. "It is not what makes us the same that will prove our strongest value, but rather the extreme and sometimes polar differences, that is our greatest strength."

Cheesy I know but what a moment.

Thanks Jenn!

Taking that thought into my first meeting, and every meeting since, I am rewarded with having the pleasure of working alongside some of the most passionate, brilliant, and funny neighbours I never knew I met! Our meetings are sometimes long, but always productive. Tackling issues from mold and asbestos to charitable contributions and member recognition, I learn something new after each one.

To answer the question above: "Would you step forward again, if given another chance?"

There is no answer but YES! I am grateful for the opportunity and trust that you the membership have bestowed upon me and would like to say Thank You for your support. To all those who are like I was, "on the fence", take it from me, this year finish the application for director! We as a community will be better off that you did.

See you in January at the elections!

Respectfully submitted by Megan Justason for the Elections Committee



ENTERTAINMENT & SOCIAL EVENTS COMMITTEE:

Our committee recently held our last meeting of 2019 and part of that was spent creating hampers for some of our neighbours who may be facing some extra challenges this year. It is just a small reminder that SMHC is a community that looks out for each other.



We now look forward to 2020, a new year full of fun and exciting events for everyone!

We extend our warmest wishes to everyone for a happy and safe holiday season and all the best for 2020!

ENVIRONMENT COMMITTEE:

December greetings to everyone! This is a busy time of year and we want to wish everyone safe travels as you go about the city doing your shopping. We also want to thank all the residents for their diligence throughout the year in participating in recycling in Sarcee Meadows. Good job everyone!

Just a reminder that there will be a Big Bin coming in January for all your unwanted items large or small – watch for flyers for the date. Hang onto your "stuff" until then for disposal.



The next meeting of the Environment Committee is on January 14th, 2020 at 7:00 PM in B50. Please come out and join us as we sure would like to see some new members.

Happy Holidays everyone! Enjoy this time with your families and friends. Wishing all residents all the Best in the New Year for Good Health and Happiness.

FINANCE COMMITTEE:

If you would like to have a voice in planning for the future of Sarcee Meadows finances, please consider joining the finance committee. No applications required.

January's housing & parking charges will be submitted to the data center on December 18th. If you need to change your accounts or any information, please let Pat know by December 17th.

The payments will not be taken from your accounts until January 2nd.

The Finance Committee would like to wish everyone a very Happy Holiday Season and a prosperous New Year.



NEWSLETTER COMMITTEE:



We would like to take a moment to thank everyone for their continued support of the Connections newsletter this past year.

We are planning some great contests for the new year but are always looking for suggestions for content. Please continue to send in your letters, ideas, questions or comments, they are welcome and appreciated. Send your information to

janine@sarceemeadows.coop.

The committee would like to wish everyone a Merry Christmas and Happy Holidays. Please enjoy time with family and friends no matter how you celebrate this festive season.

Happy New Year – See you all in 2020!

PROPERTY ENHANCEMENT COMMITTEE:

Make sure your outside taps are turned off, if they freeze there is a charge for repair.

Visitors stalls are for visitors not residents.

Some leaves and needles left on the ground is good for the environment.

When you put up your Christmas lights please do not leave them on overnight.

No extension cords across sidewalks.

Make sure your downspouts stay down.

Merry Christmas and Happy Holidays to everyone and their families.



◆ Education ◆

ECO ALLEY – NEWS YOU CAN USE: REDUCE, REUSE, REPURPOSE, RECYCLE

Just a few friendly reminders on recycling 'what goes where?' during this season of gift giving and accumulating boxes and bags, ribbons and bows, and food.

FOOD WASTE: COMPOST all plate scrapings, meat, fish, shellfish, poultry, BONES including ALL TURKEY, CHICKEN, AND OTHER MEATS, fruits and vegetables (remove any stickers), breads, noodles, rice, grains, crackers, cereal, cookies, cakes, muffins, eggs and egg shells, dairy – including sour cream and cheese, nuts and seeds, popcorn, candy, coffee filters, and tea bags.

To reduce your food waste BUY only what you need, check Best Before dates – food is still edible for a few days after it expires, SHARE your extra food with others in need.

WRAPPING PAPER:

1. REUSE gift wrap – save wrapping paper and tissue paper for other gift giving occasions.
2. RECYCLE gift wrap – glossy or matte gift wrap and tissue. Remove all ribbons, strings and tape from paper and crumple into a ball and put into recycling box.
3. FOIL WRAP is not recyclable. Put in garbage bin.

RIBBONS AND BOWS:

1. SAVE REUSABLE ribbons and bows for other gift giving occasions.
2. Put UNUSABLE RIBBONS AND BOWS in the garbage bin.
3. FOIL RIBBON AND BOWS are not recyclable. Put in garbage bin.

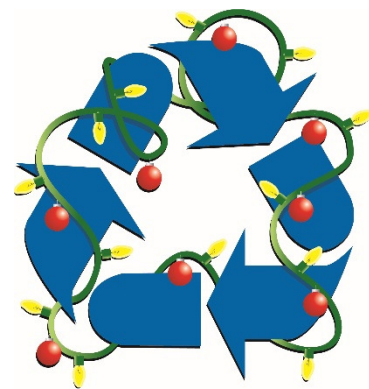
FOAM/STYROFOAM: Put all types of foam: packing foam, cups, plates, containers, meat trays, foam blocks and peanuts into the GARBAGE BIN. Place these items into a garbage bag to keep from blowing away during collection. Alternatively, packing Styrofoam can also be taken to London Drugs locations for recycling.

WREATHS, BOUGHS, AND GARLANDS: After the excitement and fun of the holidays are over how do you dispose of unwanted decorating items?

1. REAL CHRISTMAS WREATHS, GARLANDS AND BOUGHS can be put into the compost bins for composting. Breakup into smaller pieces to fit the bins.
2. ARTIFICIAL CHRISTMAS WREATHS: REUSE artificial wreaths, boughs, and garland, or GIVE to friends and family or to a participating charity. Put broken wreaths, boughs, etc. into the garbage bin.

BOXES: REUSE OR REPURPOSE gift boxes. BREAK down and flatten unwanted boxes, large or small, and place into your recycling box for recycling. PLEASE DO NOT put boxes into the GARBAGE BINS – this adds to our cost of garbage collection. Break them down and place in weekly recycling bin.

Happy Recycling Everyone – Help Keep Our Planet Green!



2020 Recycling Schedule

RECYCLING PICKUP DATES: Recycling will be done **EVERY WEEK**, by sections, on Tuesday, Wednesday, Thursday and Friday unless there is a holiday.

A11 to C176 Tuesday **January** 7, 14, 24, 28, **February** 4, 11, 18, 25, **March** 3, 10, 17, 24, 31, **April** 7, 14, 21, 28, **May** 5, 12, 19, 26, **June** 2, 9, 16, 23, 30, **July** 7, 14, 21, 28, **August** 4, 11, 18, 25, **September** 1, 8, 15, 22, 29, **October** 6, 13, 20, 27, **November** 3, 10, 17, 24, **December** 1, 8, 15, 22, 29

C181 to E358 Wednesday **January** 8, 15, 22, 29, **February** 5, 12, 19, 26, **March** 4, 11, 18, 25, **April** 1, 8, 15, 22, 29, **May** 6, 13, 20, 27, **June** 3, 10, 17, 24, **July** 8, 15, 22, 29, **August** 5, 12, 19, 26, **September** 2, 9, 16, 23, 30, **October** 7, 14, 21, 28, **November** 4, 9, 18, 25, **December** 2, 9, 16, 23, 30

E361 to H556 Thursday **January** 2, 9, 16, 23, 30, **February** 6, 13, 20, 27, **March** 5, 12, 19, 26, **April** 2, 9, 16, 23, 30, **May** 7, 14, 21, 28, **June** 4, 11, 18, 25, **July** 2, 9, 16, 23, 30, **August** 6, 13, 20, 27, **September** 3, 10, 17, 24, **October** 1, 8, 15, 22, 29, **November** 5, 12, 19, 26, **December** 3, 10, 17, 31

H561 to L745 Friday **January** 3, 10, 17, 24, 31, **February** 7, 14, 21, 28, **March** 6, 13, 20, 27, **April** 3, 17, 24, **May** 1, 8, 15, 22, 29, **June** 5, 12, 19, 26, **July** 3, 10, 17, 24, 31, **August** 7, 14, 21, 28, **September** 4, 11, 18, 25, **October** 2, 9, 16, 23, 30, **November** 6, 13, 20, 27, **December** 4, 11, 18

***There will be no recycling the week of December 23rd – 27th, 2019**

***Recycling will resume Thursday, January 2nd, 2020**

◆ Human Interest ◆

This section is a great place for you to share with your neighbours and your community. We welcome any submissions that may celebrate Personal Accomplishments and/or Personal Milestones such as Births, Birthdays, Weddings, and Anniversaries. It is also a great way to send out Thank You Messages, notes of praise on a job well done, announcements, or any other tidbits that you'd like to share! Submissions can be emailed to janine@sarceemeadows.coop or dropped off at the office to the attention of the Newsletter Committee.

Submissions to this section are the opinion of the author[s] and do not reflect the opinions of the Board of Directors or the members of Sarcee Meadows Housing Co-operative Ltd.

Who has bags of plastic bags looking for a home??

Submitted by Kathy Aubichon for the Women's Circle

Thank you so much to everyone that has dropped off bags of plastic bags to the office and to my unit. In just one month we have collected almost enough bags to make a bed mat. That's one thousand plastic bags. That is not only exciting news for a homeless person anxiously awaiting their new bed mat to be made but WOW that's almost 1000 plastic bags that won't go to the landfill.

Do you want to keep plastic bags out of our landfills? Well we have found a way to do just that.

The Women's Circle has recently joined up with a group called Calgary Helping Homeless (YYCHH). They gather plastic bags of all sizes and colors and then crochet them into sleeping mats for the homeless. The bags are sliced and twisted into "plarn" (plastic yarn,) then woven together to make a surprisingly comfortable sleeping mat.

Not only does the project make good recycling of the plastic bags, and for a good cause, but the finished cushiony mats are impervious to weather and bugs; they are extremely popular among those who have received them. It's a small gift to keep the homeless a little more comfortable.

We had the opportunity to speak with a fellow that had just received one of these mats. He hung on to it for dear life. He let one of the Women's Circle members son hold it for a quick picture to show others what these mats look like.

If you have plastic bags that you would like to donate, please drop them off at B50 for the Women's Circle and we will get them in the right hands. This is an ongoing project so please keep the bags coming. I collect them from the office every Wednesday.



◆ Classifieds ◆

Disclaimer: Any ads placed in this newsletter are not to be considered as an endorsement by Sarcee Meadows Housing Co-operative Ltd. but are for information only.

Furniture for Sale:

Dresser with frosted glass front panels - \$50.00 OBO



Solid teak wood chair - \$500.00 OBO



King size mattress (new) - \$150.00 OBO



Teak end tables (2) and coffee table set - \$400.00 OBO
Sectional sofa, one year old, pillows on zippers - \$1000.00



Two area rugs. One gray solid color and one blue with designs. Both 4X6 feet - \$30.00 and \$15.00

Futon (fold out) on wheels in a great condition - \$ 50.00 OBO

Contact John by email at john.bj@gmail.com

For Sale:

Brown leather lazy boy recliner - \$500.00

Call 403-249-9032

Babysitting:

Looking for a babysitter? Look no further! Experienced, responsible, 14-year-old girl for hire! \$10/hour

Babysitter course completed & references available upon request.

Contact Makena: 403-401-0837



Knitted Dish Cloths For Sale:

Assorted colours and patterns. \$2.00 each or 3 for \$5.00.

Call Tricia: 403-242-0048

Pet Sitters for Dogs & Cats

Willing to pet sit at our unit for short term trips when you can't take your loving pet with you. Sorry no birds as I have allergies.

Daily rate \$25

Shelly 403-660-2045 – References available upon request as I have done this for 4 years.



Healing Intentions

Energy/Crystal Healings

Psychic/Mediumship

Card Readings

Crystal Grids

Personalized Crystal Kits

Book a Party

Organizational Assistant – organize your space to help energize the flow of your home and life.

Shelly 403-660-2045 – References upon request

Straightline Painting

Painting walls, trim, doors, and baseboards / Complete ceiling paint / Staining & Lacquer all woodwork railings, cabinets and match hardwood floors / Drywall repair minor and prime all new drywall / Exterior painting & staining – cedar siding, brick, stucco, patio, or complete decks. / Fences paint or stain. / Can match any colour of previous paint or stain / All products used are Benjamin Moore.

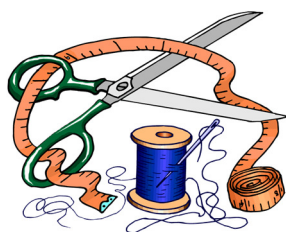


35 years of experience

Reasonable rates

References available

Peter Minnema 403-998-5179



Moments Fashion Solutions

- Need Alterations?
- Italian Leather Products
- Baby Boots

Contact Marzena - 403-397-3779 www.momentsfashion.com

Knife Sharpening

\$5.00 per knife

Bill (D251) 403-875-4096

Make sure that your knives are up to the task.



Fox Painting Ltd - Interior and exterior applications, wood finishing. Staining, Spray painting. Surface preparation, including scraping, sanding, caulking, masking as well as minor drywall repairs. Experience with enamels, epoxies, latex, stain and varnishes. Applications by roller, brush and spray gun. Residential and Commercial. Contact Derek Adamski for a quote – Office Phone – 403-203-4044, Cellphone – 403-616-7044, Email derekadamski@shaw.ca

◆Just for Fun!◆

Butterscotch Confetti (From Leona Malcolm):

- 1 cup butterscotch chips
- 1/2 cup smooth peanut butter
- 1/4 cup hard margarine or butter
- 1 package of miniature multi-colored marshmallows

Heat first 3 ingredients in large heavy saucepan on lowest heat, stirring often, until chips are almost melted. Do not overheat.

Remove from heat and stir until smooth.

Let stand until bottom of saucepan is cool enough to touch.

Add marshmallows and stir until coated.

Press firmly into greased or foil-lined 9x9 inch pan, chill until firm.

Cut into 36 squares.

Pinecone Christmas Trees

Supplies

Pinecones	Green spray paint
Old wine corks	Scissors
Hot glue gun and glue	Miniature wooden stars

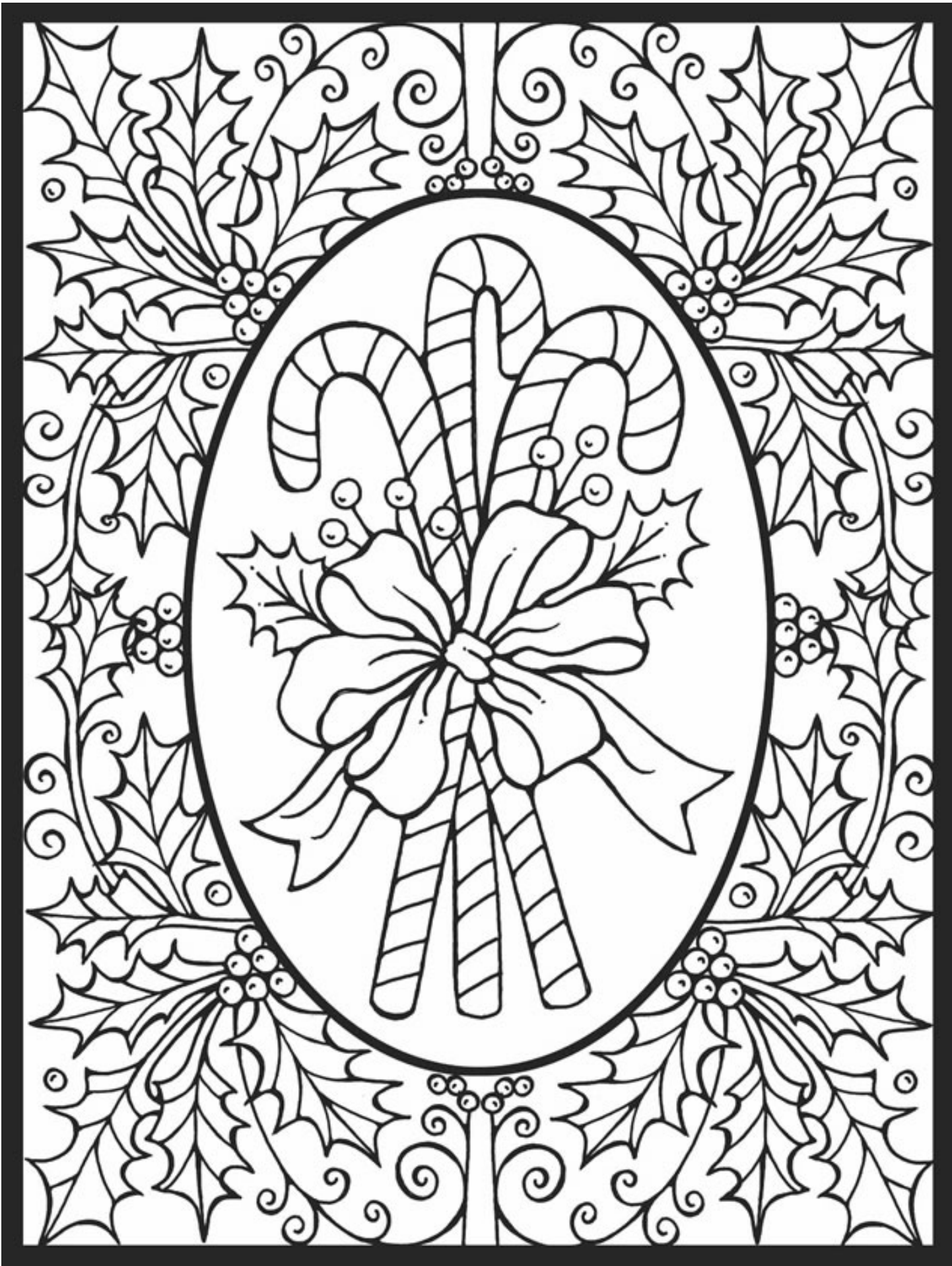
Directions

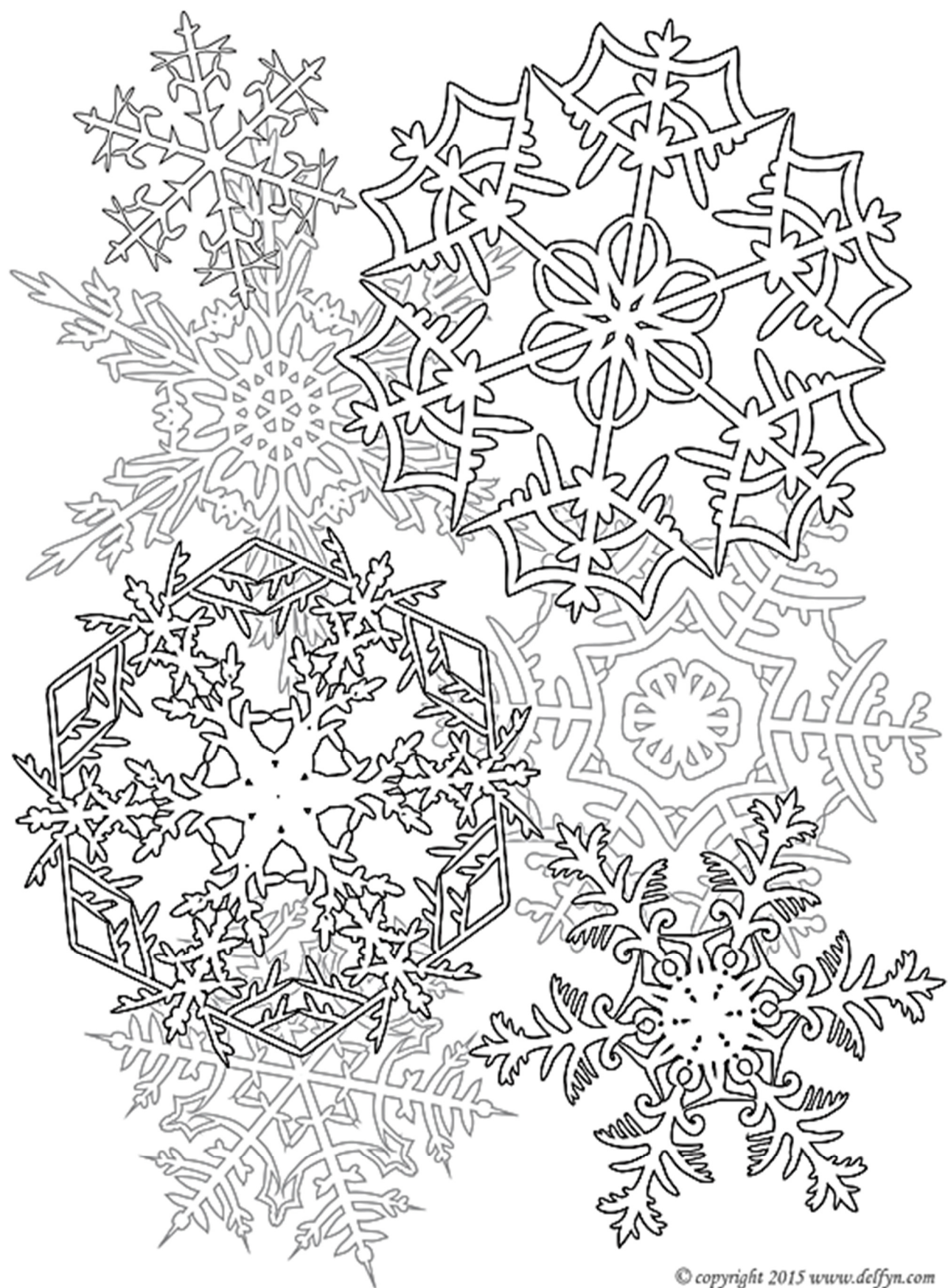
Spray paint the outer edges of the pinecone with green spray paint. Make it look like a real tree by leaving the inside brown. Let the paint dry.

Cut a wine cork in half and hot glue it to the bottom of the pinecone. Let the glue dry.

Hot glue the star to the top. Let it dry. Then enjoy!







© copyright 2015 www.delfyn.com

CALENDAR:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 8	9	10	11 Property Enhancement @ 7:00	12 Education & Involvement @ 6:30 pm Membership @ 7:00	13	14
15	16 Finance @ 7:00pm	17	18 Board Meeting @ 6:45	19	20	21
22	23	24 Shop and Office closed for Christmas Eve	25 Shop and Office closed for Christmas Day	26 Shop and Office closed for Boxing Day	27	28
29	30	31 Shop and Office closed at noon for New Year's Eve	January 1 Shop and Office closed for New Year's Day	2	3	4
5	6 Newsletter @ 7:00pm	7	8	9 Entertainment @ 7:00pm	10	11
12	13	14 Environment @ 7:00pm	15 Personnel @ 7:00	16	17	18
19	20	21	22 Board Meeting @ 6:45	23	24	25
26	27	28	29 Annual General Meeting @ Grace Lutheran @ 7:00	30	31	

COMMITTEE CONTACTS: 2019 – 2020:

C.S.I. (Co-op Seniors Interests)

Chair: Lucille Ranchuk
Board Liaison: Jeremy Hart

Education and Involvement

Chair: Musu Dadi
Board Liaison: Helen Serrurier

Elections

Chair: Marie Forester

Entertainment and Social Events

Chair: Sandy Christensen
Board Liaison: Megan Justason

Environment

Chair: Russ Chandler
Board Liaison: Chris Severson-Baker

Finance

Chair: Maria Brogowski
Board Liaison: John Preston (Treasurer)

Grievance & Resolution

Chair: Chris Milaney

Temporary Committees & Task Forces

Bylaw Review Task Force

Board Liaison: Joanne Mick

Funding Research Task Force

Board Liaison: Helen Serrurier

Committees can be contacted by calling the office at 403-246-2746 Ext. 102 or emailing janine@sarceemeadows.coop

Honours and Awards

Chair: Betty Jean Coates & Laurie Altilio
Board Liaison: Joanne Mick

Membership

Chair: Sandy Christensen
Board Liaison: Isabel Ciok

Newsletter

Chair: Wendy Thomson
Board Liaison: Sonya Nadon

Personnel

Chair: Mary Emro
Board Liaison: Helen Serrurier

Property Maintenance

Chair: VACANT
Board Liaison: Mike Cooper

Property Enhancement (includes Parking and Security)

Chair: Wayne McAdam
Board Liaison: Justin Nagel

Lobbying Committee

Chair: Slawa Gruszczynska

After Hours Emergency Maintenance:

In the event of an emergency maintenance situation after hours please call the Emergency Maintenance Cell Phone at:

403-813-2783

